

REALIZE STRENGTH.

INSPIRATION
STRENGTH®



AVAILABLE COLORS

Options for upholstery and frame.

HARMONY



Black / Charcoal
Upholstery



StarTrac Silver
Frame

LEGACY



Brown/Tan
Upholstery



White
Frame

INSPIRATION STRENGTH®

Beauty is strength. Intuition is intelligence. We researched the best in selectorized strength machine industrial design, biomechanics and user features and set out to capture the most important elements into one iconic, innovative line of luxury strength. The Inspiration Strength® line embodies our design platform with distinctive and differentiated aesthetics, an approachable open and inviting form factor, easy to see intuitive adjustments and biomechanics that deliver on user motivation and workout reward.

With unilateral independent function, assisted seat adjusts, Lenticular image placards and our patented Lock N Load® weight selection system Inspiration Strength embodies what an elite user focused strength line should be.

REALIZE STRENGTH.





LEG PRESS

Model IP-S1313

- **Ship Weight** - 1,227 lbs (556.6 kg)
- **Stack Weight** - 441 lbs (200 kg)
- **Width** - 54" (136 cm)
- **Length** - 74" (187 cm)
- **Height** - 66" (167.6 cm)
- Extra large non-slip platform
- Foot platform features beveled lower edge for calf training
- Urethane seat rollers for smooth, quiet operation
- Wrap around seat adjust
- Contoured upholstery with lumbar support
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



LEG EXTENSION

Model IP-S1314

- **Ship Weight** - 749 lbs (339.7 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 49" (125 cm)
- **Length** - 49" (125 cm)
- **Height** - 61" (155 cm)
- Right/left gas assist seat adjust
- Push button joint range of motion control
- Lower leg pad adjustment for perfect fit
- Contoured upholstery with lumbar support
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard
- Axis of rotation highlighted for precise user positioning



LEG CURL

Model IP-S1315

- **Ship Weight** - 837 lbs (379.7 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 49" (122 cm)
- **Length** - 56" (142 cm)
- **Height** - 61" (155 cm)
- Right/left gas assist seat adjust
- Push button joint range of motion control
- Lower leg pad adjustment for perfect fit
- Thigh support pad for comfortable stabilization
- Contoured upholstery with lumbar support
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard
- Axis of rotation highlighted for precise user positioning



ABDUCTION/ADDUCTION

Model IP-S1319

- **Ship Weight** - 835 lbs (378.7 kg)
- **Stack Weight** - 220 lbs (100 kg)
- **Width** - 54" (136 cm)
- **Length** - 60" (150 cm)
- **Height** - 61" (155 cm)
- Right/left range of motion adjustment handle beneath seat
- Rotating thigh pads for inner/outer thigh positioning
- Vanity shield with user stabilization entry/exit handle
- Contoured upholstery with lumbar support
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



GLUTE PRESS

Model IP-S1317

- **Ship Weight** - 500 lbs (226.8 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 43" (109 cm)
- **Length** - 69" (175.3 cm)
- **Height** - 61" (155 cm)
- Triple extension movement – hip extension, knee extension and ankle plantar flexion
- Adjustable ramping feature to accommodate all users
- Torso stabilization bars
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



CHEST PRESS

Model IP-S2304

- **Ship Weight** - 726 lbs (329.3 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 59" (149 cm)
- **Length** - 43" (107 cm)
- **Height** - 76" (192 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Converging axis
- Right and left pre-stretch positioning
- Contoured upholstery with lumbar support
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



LAT PULL DOWN

Model IP-S3341

- **Ship Weight** - 852 lbs (386.5 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 53" (134 cm)
- **Length** - 54" (137 cm)
- **Height** - 75" (189 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Diverging axis
- Supinated and pronated grip options
- Adjustable thigh stabilization pad
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



ROW

Model IP-S3342

- **Ship Weight** - 804 lbs (364.7 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 53" (133 cm)
- **Length** - 46" (115 cm)
- **Height** - 78" (196 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Diverging axis
- 3 hand grip position options
- Adjustable torso stabilization pad
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



PEC FLY / REAR DELTOID

Model IP-S2305

- **Ship Weight** - 749 lbs (340 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 57.4" (146 cm)
- **Length** - 45.8" (116 cm)
- **Height** - 79.6" (202 cm)
- Dual exercise option for Pectoral Fly and Rear Deltoids
- Supinated and pronated grip options
- Unilateral or Bilateral movement
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



SHOULDER PRESS

Model IP-S4305

- **Ship Weight** - 775 lbs (351.5 kg)
- **Stack Weight** - 220 lbs (100 kg)
- **Width** - 59" (148 cm)
- **Length** - 58" (146 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Converging axis
- Supinated and pronated grip options
- Seat position controls user pre-stretch
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



DELTOID RAISE

Model IP-S4306

- **Ship Weight** - 610 lbs (276.7 kg)
- **Stack Weight** - 132 lbs (60 kg)
- **Width** - 50" (130 cm)
- **Length** - 48" (121 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Comfortable arm roller pads
- Floating arm positioning support handles
- Adjustable torso stabilization pad
- Axis of rotation highlighted for precise user positioning
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



BICEPS CURL

Model IP-S5307

- **Ship Weight** - 682 lbs (309.4 kg)
- **Stack Weight** - 220 lbs (100 kg)
- **Width** - 58" (147 cm)
- **Length** - 40" (102 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Comfortable arm support pads
- Axis of rotation highlighted for precise user positioning
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



BILATERAL ARM CURL

Model IP-S5309

- **Ship Weight** - 690 lbs (312.9 kg)
- **Stack Weight** - 220 lbs (100 kg)
- **Width** - 50" (130 cm)
- **Length** - 56" (141 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Bilateral stabilized motion
- Comfortable arm support pads
- Self adjusting multi-grip handles
- Axis of rotation highlighted for precise user positioning
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



TRICEPS EXTENSION

Model IP-S5310

- **Ship Weight** - 690 lbs (312.9 kg)
- **Stack Weight** - 220 lbs (100 kg)
- **Width** - 50" (130 cm)
- **Length** - 56" (141 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Bilateral stabilized motion
- Comfortable arm support pads
- Self adjusting multi-grip handles
- Axis of rotation highlighted for precise user positioning
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



TRICEPS PRESS

Model IP-S5308

- **Ship Weight** - 926 lbs (420 kg)
- **Stack Weight** - 287 lbs (130 kg)
- **Width** - 53" (133 cm)
- **Length** - 55" (139 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Unilateral motion
- Converging arm support handles to accommodate wide or narrow grip
- Four bar linkage pressing arm ensures neutral wrist through motion
- Adjustable thigh stabilization pad
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



ABDOMINAL MACHINE

Model IP-S6331

- **Ship Weight** - 552 lbs (250.4 kg)
- **Stack Weight** - 132 lbs (60 kg)
- **Width** - 53" (133 cm)
- **Length** - 42" (106 cm)
- **Height** - 61" (155 cm)
- Wrap around gas assist seat adjust
- Contoured back pad provides spinal extension for full resisted range of motion
- Comfortable elbow support pads
- Axis of rotation highlighted for precise user positioning
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



BACK EXTENSION

Model IP-S3343

- **Ship Weight** - 560 lbs (254 kg)
- **Stack Weight** - 220 lbs (100 kg)
- **Width** - 48" (121.9 cm)
- **Length** - 47" (119.4 cm)
- **Height** - 61" (155 cm)
- Adjustable back roller pad to accommodate all users
- Range of motion adjustment for exercise variation
- Two position foot stabilization bar
- Axis of rotation highlighted for precise user positioning
- Contoured back pad for comfortable extension motion
- Lock N Load® weight selection
- Lock N Load® incremental add-on weight system
- Moving image Lenticular instruction placard



DUAL ADJUSTABLE PULLEY

Model IP-D9302

- **Ship Weight** - 1439 lbs (652.7 kg)
- **Stack Weight** - 2 x 440 lbs (2 x 200 kg)
- **Width** - 62" (157 cm)
- **Length** - 46" (117 cm)
- **Height** - 91" (231 cm)
- Unlimited high-low cable positioning combinations
- All steel adjustable pulleys with single hand adjustment design
- Lock N Load® weight selection system
- Integrated pull up bar with multi-grip hand positioning
- 4 to 1 lifting ratio for smooth low inertia operation
- Extended cable travel for a variety of exercises
- Fixed footprint for optimal floor planning and placement
- 5 lb (user) increments. (actual) stack weight 440 lbs / increments 20 lb
- Intuitive exercise placard featuring 12 targeted movements



LOCK N LOAD®

Anyone who works out has been there. You're ready to begin training and you walk over to a machine only to find the weight selection pin missing, broken or damaged. Or the lanyard is a broken, tangled mess. Well, now you can say goodbye to the frustration and maintenance issues thanks to our revolutionary, patented Lock N Load® weight selection system.

Now weight selection is as easy as flipping a switch. The intuitive Lock N Load design is easily recognizable. If you've ever flicked a light switch on and off, you'll immediately understand how it works. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation.

Users describe it as "fun" and "innovative", and you'll find it to be a welcome relief from the headaches and maintenance costs often associated with traditional strength equipment weight stacks. With very few moving parts and an internal case hardened steel engagement pin, there's virtually nothing to break or maintain.

WORLD HEADQUARTERS www.startrac.com

4400 NE 77th Avenue, Suite 300 Vancouver, WA 98662

Tel +1 (714) 669 1660 Corp +1 (800) 228 6635 Fax +1 (714) 838 6286

EUROPE HEADQUARTERS www.startrac.com/europe

Unit 4, The Gateway Centre, Coronation Road

Cressex Business Park, High Wycombe, Bucks HP12 3SU United Kingdom

Tel +44 (0) 1494 688260 Fax +44 (0) 1494 688269

ASIA HEADQUARTERS

No. 39A Jalan Pemimpin, Halcyon Building #01-02, Singapore 577183

Tel +65 6255 6252 Fax +65 6255 1501



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