

# EXCITE

CARDIO TRAINING



The Wellness Company



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# EXCITE<sup>®</sup>

## BORN FROM EXPERIENCE

Each Technogym<sup>®</sup> product is the result of intense research by leading academic and scientific institutions. Olympic athletes also test and fine-tune products to ensure every user receives the best training experience possible.

With its personalized entertainment, engaging digital workouts and advanced features, EXCITE makes training both fun and effective for all users.







Sydney 2000

Athens 2004

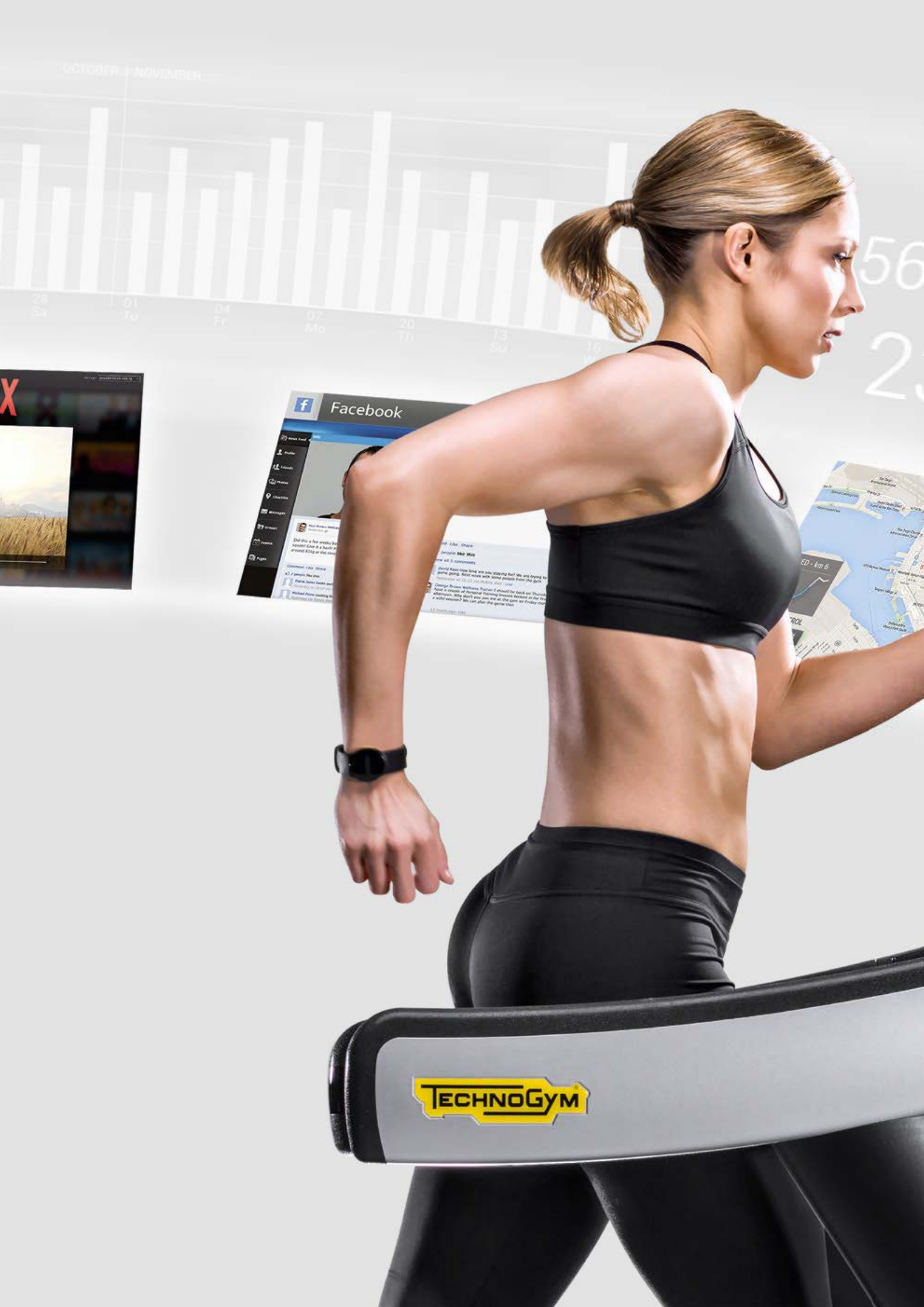
Turin 2006

Beijing 2008

London 2012

Rio 2016

PyeongChang 2018



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TECHNOGYM

# EXCITE®





**CONNECTIVITY** FOLLOWS  
ME EVERYWHERE I GO

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**FUN** KEEPS  
ME GOING

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**MOTIVATION** BOOSTS  
MY PERFORMANCE

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**SCIENCE** MAKES  
ME TRAIN SMARTER

---

**WELLNESS** IS MY  
LIFESTYLE

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## CONNECTED EQUIPMENT

Enjoy a seamless training experience with Bluetooth® connectivity and the mywellness® band.

## ENGAGING WORKOUTS

Achieve your results with Interval Training programs, MyRunning Logbook simulations and exciting Race scenarios.

## PERSONALIZED ENTERTAINMENT

Enjoy your favorite websites, apps, TV and radio programs with Bluetooth® technology.

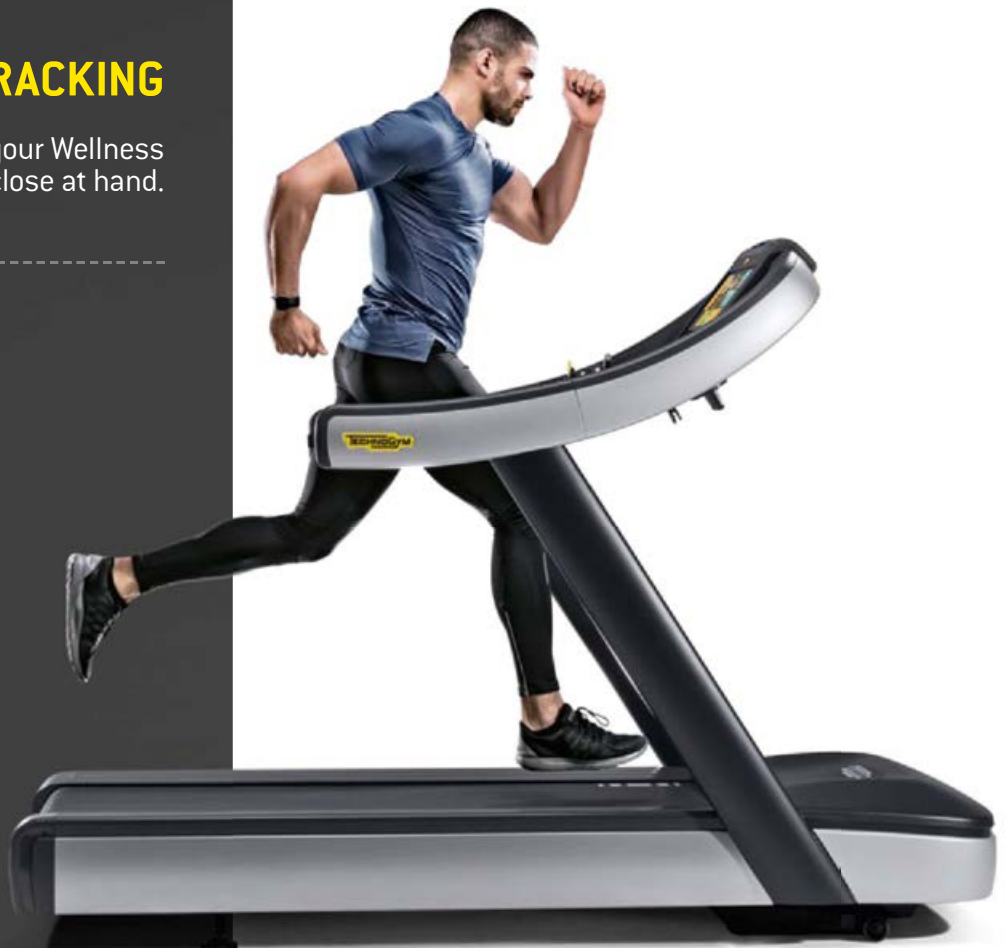
## CONSTANT INNOVATION

Boost your performance with new and exciting features born out of research and experience.

## DATA TRACKING

Measure, record and keep all your Wellness lifestyle data close at hand.

# ENGAGING CARDIO



## CONNECTED EQUIPMENT



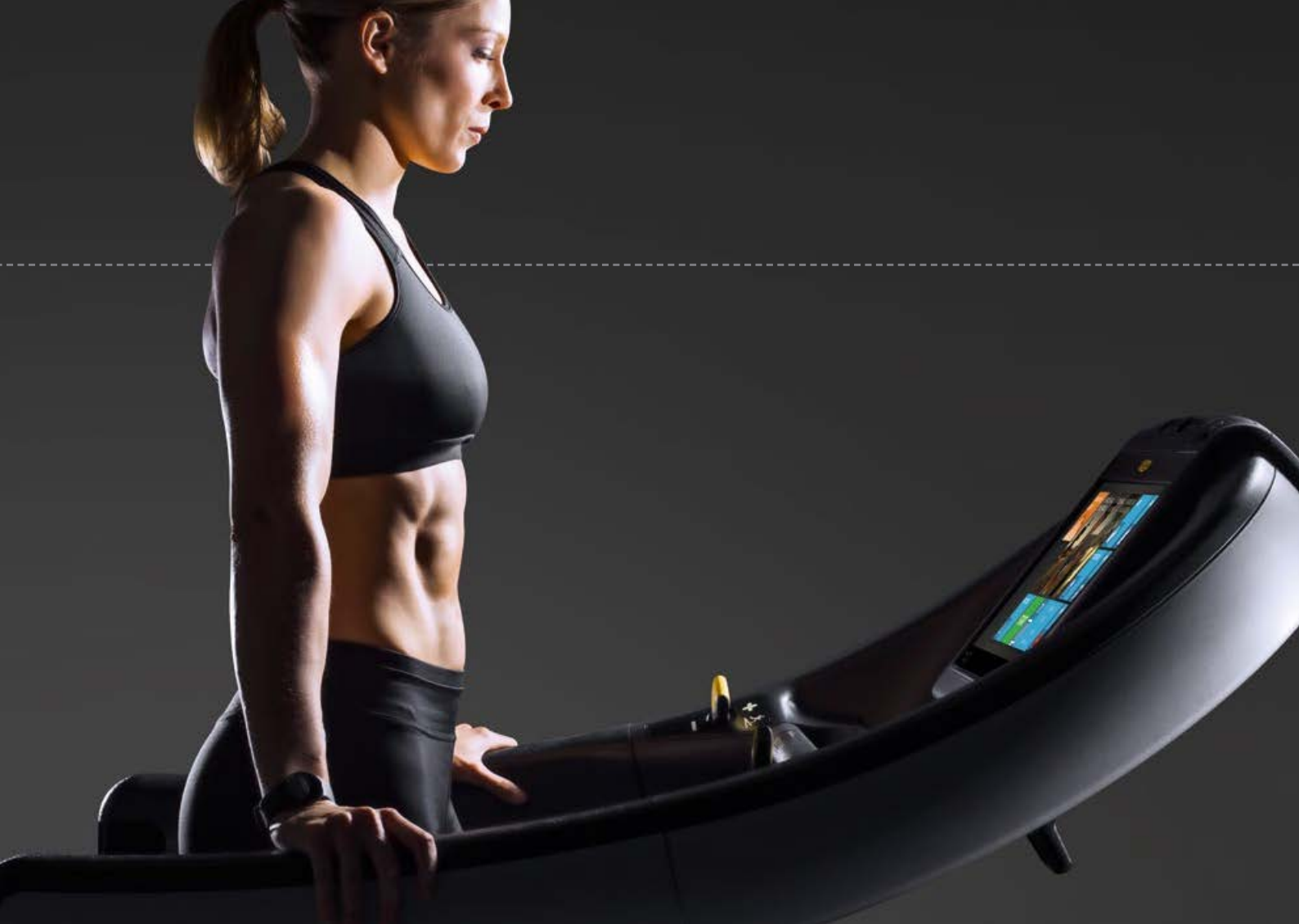
# CONNECT AND GO

From the moment you walk into the gym, Bluetooth® wireless technology and smart devices ensure you enjoy a seamless digital experience.



**Smartphone  
Bluetooth® - QR code**

PATENTED



**Apple Watch®**



**mywellness® band**



**Technogym® key**

## ENGAGING WORKOUTS



# GREAT RESULTS MADE EASY



## INTERVAL TRAINING

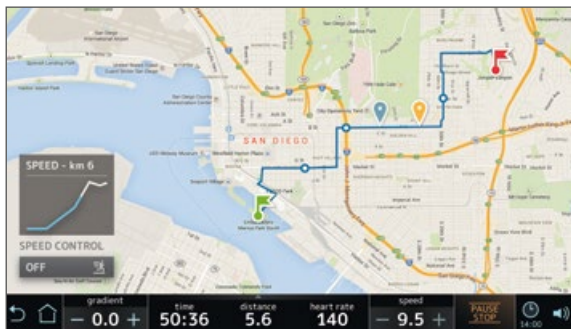
Choose from a variety of newly developed interval training workouts designed to help you achieve your results in a fun and easy way.



## SPEED SHIFT

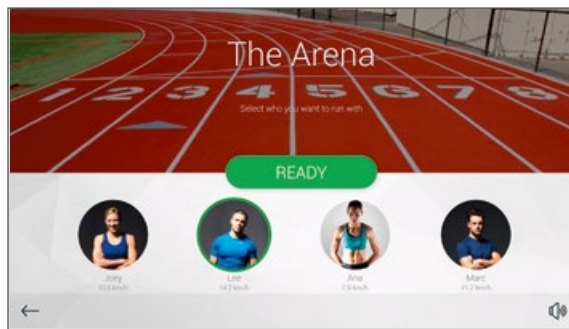
Speed Shift allows you to create interval training profiles on-the-fly and switch from one speed level to another with one touch of the Fast Track Controls.





## MYRUNNING LOGBOOK

Track your outdoor run with your favorite GPS system and replicate it indoors to improve your performance.



## RACES

Run a marathon, create your own race or jog alongside friends in the arena. The choice is yours!

# PERSONALIZED ENTERTAINMENT

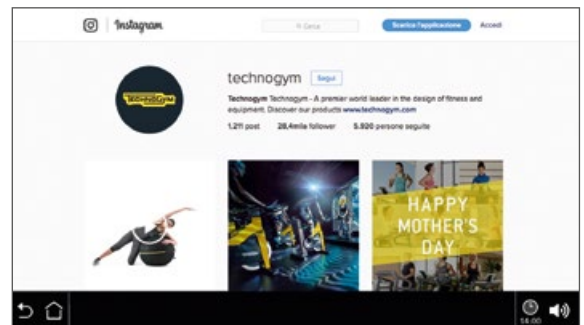


# LIVE THE FUN EVERY TIME



## USER CONTENT SYNC\*

When you log in, the equipment automatically signs in to all apps. And thanks to its Bluetooth® technology, you can automatically connect your smartphone to manage and play audio content.



## SOCIAL MEDIA

Go straight to your Instagram, Facebook, YouTube, Twitter and Skype accounts. You can also access your favorite apps as well as TV channels and websites.



Instagram



Facebook



Twitter

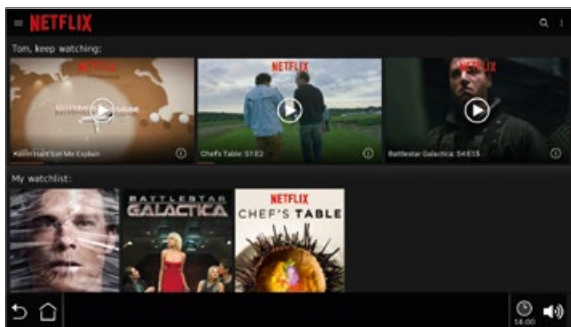


Skype



YouTube

\*PATENT PENDING



## NETFLIX

The new UNITY™ 3.0 and TV consoles offer an ever-growing selection of entertainment options for every taste.



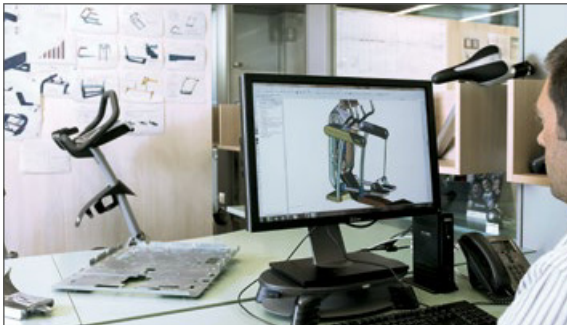
## TV

Our smart TV technology supports all standards including IPTV and PRO-Idiom, without the need for set top boxes so you can control viewing directly from the touch-screen console.

## CONSTANT INNOVATION



# TRAIN AT YOUR BEST



### BEST FOR INNOVATION

Our Research and Development Department collaborates with prestigious universities and research centers and employs more than 200 engineers, designers and sports doctors. Technogym currently holds hundreds of patents and trademarks in the fitness sector.



### BEST FOR QUALITY

To ensure premium quality, our treadmills undergo intense testing:

- 2,765 hours of prototyping and testing
- 135 development tests
- 45 individual tests on different components/functional units.

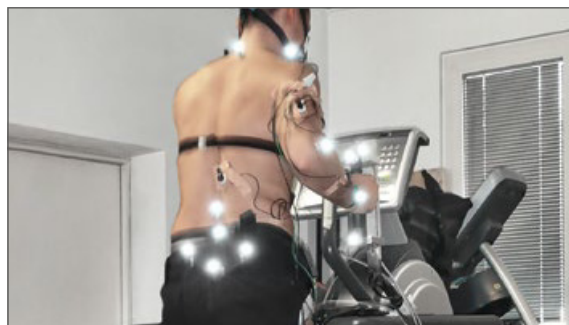




## BEST FOR EFFECTIVENESS: RUN CASE STUDY

A comparative study\* on a large group of runners evaluated their response to four commercially available treadmills. RUN 1000 proved to be the users' favorite choice.

\* Learn more on pages 32-33



## BEST FOR EFFECTIVENESS: VARIO CASE STUDY

A comparative study\* reveals that VARIO induces a lower Rate of Perceived Exertion (RPE) compared to traditional ellipticals, enabling a higher caloric expenditure in the same exercise time.

\* Learn more on page 50

## DATA TRACKING

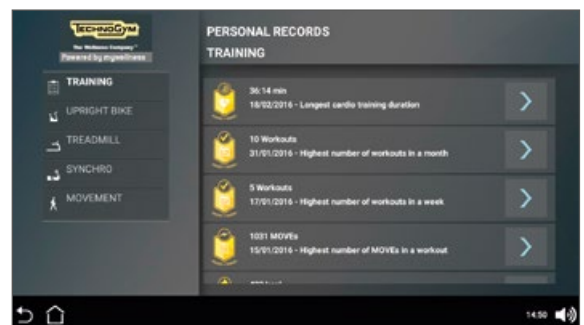


# TAKE CONTROL OF YOUR PROGRESS



### TRACK

You can track your indoor and outdoor training, sports, daily movement and body measurements with the mywellness app and review your results on the UNITY™ 3.0 and UNITY™ SELF consoles.



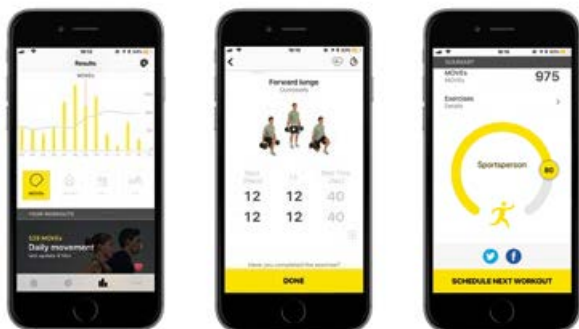
### SAVE

All data aggregated from equipment, apps and devices is automatically pushed to your account in the mywellness cloud and saved.









## MONITOR

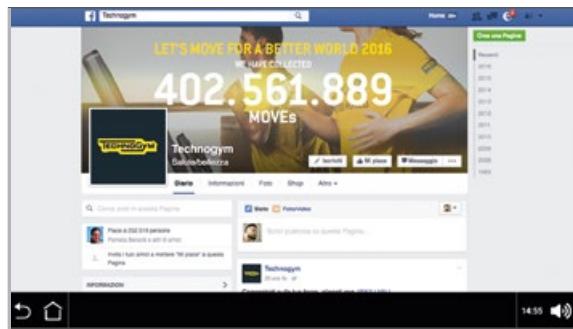
You can access your data whenever you want from your personal devices via the mywellness app or from the console to monitor your results over time.

Download the mywellness app



Download on the  
App Store

ANDROID APP ON  
Google Play



## SHARE

All data can be shared. Let your family and friends know of your success or share your latest body parameters with your doctor.





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**RUN 1000**



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**RUN 600**

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## **TREADMILLS**

# EXCITE<sup>®</sup>, ENGAGING CARDIO



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SYNCHRO



VARIO

---

CROSS TRAINERS



---

TOP

---

**UPPER BODY**



---

CLIMB

---

**STAIR CLIMBERS**



---

**RECLINE**



**BIKE**

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## **BIKES**

**TREADMILLS**  
**RUN YOUR**  
**BEST RACE**



# PURE RUNNING

RUN 1000 features state-of-the-art treadmill technology, design and entertainment. Enjoy the natural sensation of running on an adaptive surface and the uniquely engaging user experience offered by the new UNITY™ 3.0 digital console.



## FAST TRACK CONTROLS

Thanks to the **Fast Track Controls** you can easily adjust both speed and incline while maintaining the correct and safe training posture.

## NEW SPEED SHIFT CONTROL

Used in combination with the **Fast Track Controls**, it enables you to create interval training profiles on-the-fly and to switch from one speed level to another with one touch.

## OPTIMAL STRIDE

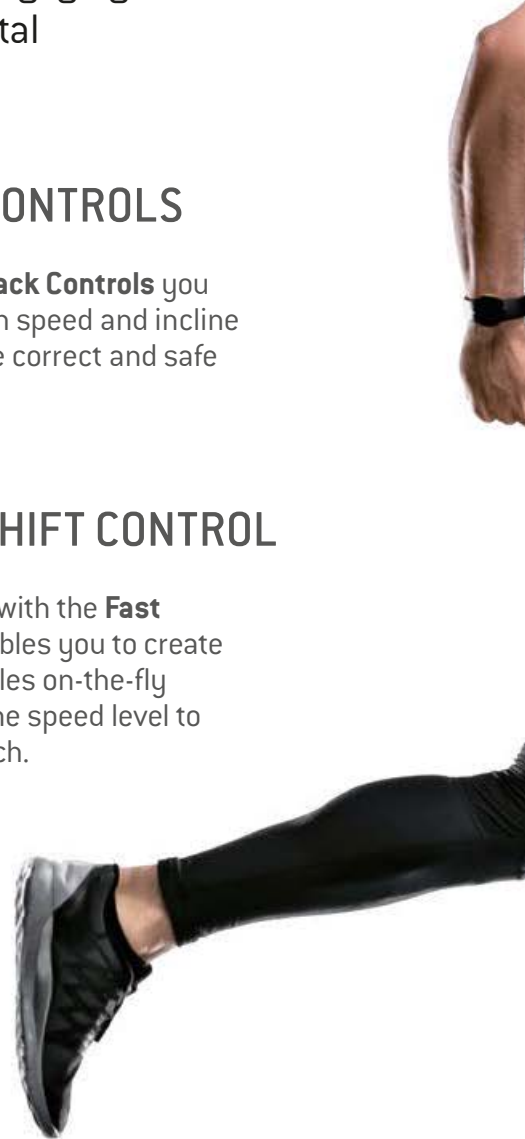
The cushioned running surface adapts automatically and dynamically to your running style, changing its responsiveness to better match user preferences.

## TOP SPEED AND INCLINE

With its 0.5-16.8 mph / 0.8-27 km/h speed and 18% incline, RUN 1000 takes your performance to the next level.



BLUETOOTH®  
CONNECTION





# RUN 1000 EXCITE®



# ALL AT A GLANCE



## INMOTION SAFETY LIGHT

A red light warns users not to step onto the treadmill until the belt has stopped and the red light has changed to green. The **Runner Detection System** automatically brings the belt to a stop when the treadmill is not in use.



## PREVENTIVE CARE LIGHT

The flashing of the green light signals that the treadmill needs attendance. Users can still utilize the product, but a speedy maintenance service will prevent equipment downtime.



# RUN 1000 EXCITE®



# TRAIN AND SAVE



## LONG LIFE DECK

More durable than ever, thanks to the three times thicker layer of phenolic resin, the **Long Life Deck** guarantees years of genuine and completely stress-free running.



## -40% LESS ELECTRIC CONSUMPTION

RUN 1000 uses up to 40% less energy to deliver better performance than previous models\*, helping you significantly reduce both your costs and your carbon footprint.

\* pre-2009



## SILENT RUNNING

The belt transmission system ensures quiet and smooth running, even at top speed.

# RUN 1000 EXCITE®



# MAXIMUM PLEASURE

## BEST USER EXPERIENCE



UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA

In a study, carried out at a fitness center in Padua, Italy, a large group of runners was asked to compare four different treadmills, including RUN 1000. Of the group, 52.6% were asphalt runners, 29.8% were indoor runners, 15.8% were cross country runners and 1.8% usually run on synthetic or natural grass.

Subjects were asked to run on each treadmill at a speed of their choice.

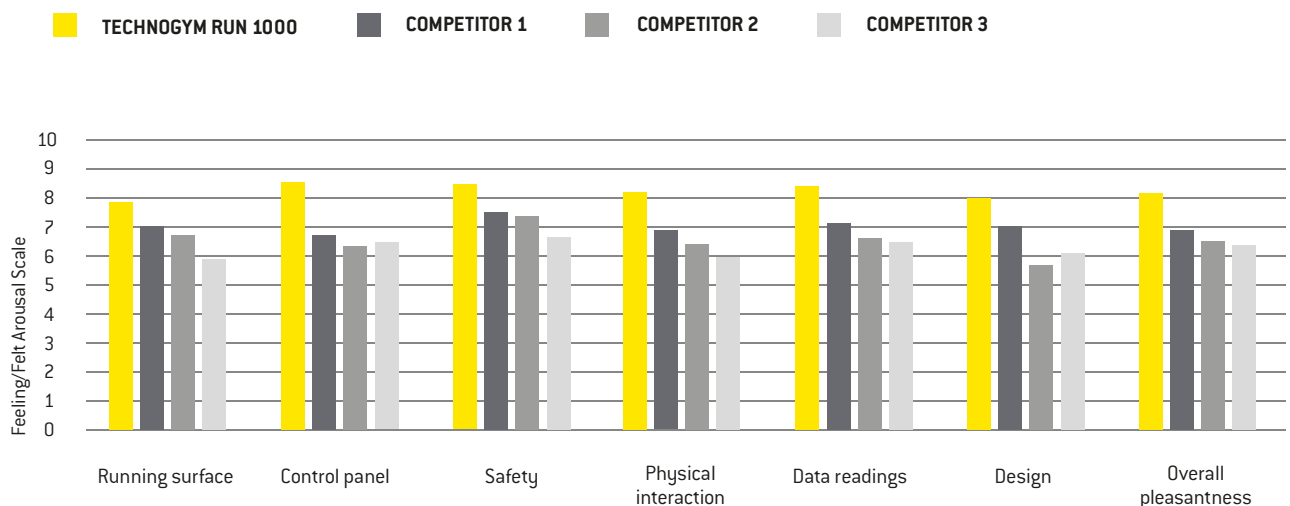
The average speed was  $8.7 \pm 1.7$  km/h (min 5.3 km/h, max 13 km/h).

The average Rate of Perceived Exertion (Borg Scale 6-20) was 11.2 (min 7, max 14).

No statistical differences between average Heart Rate were detected between the different trials:  $145 \pm 15$  bpm.

Two previously validated scales - the Feeling Scale and the Felt Arousal Scale - and seven characteristics were evaluated on a 1-10 scale on the 4 treadmills:

- **Running surface** (pleasant – unpleasant)
- **Control panel** (intuitive – complicated)
- **Safety** (unstable and unsafe – stable and safe)
- **Physical interaction with the treadmill** (poor – excellent)
- **Data readings** (poor – excellent)
- **Design** (don't like at all – like very much)
- **Overall pleasantness** (unpleasant – pleasant)





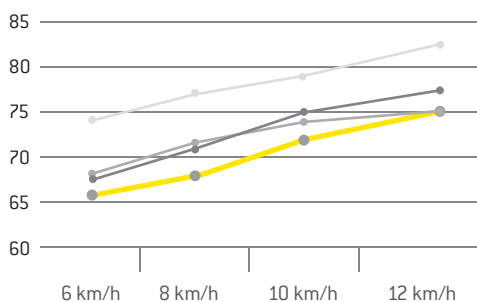
## HIGHEST NOISE REDUCTION



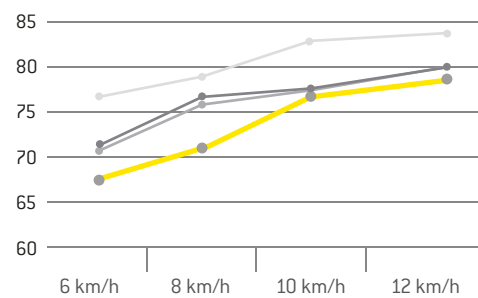
The Engineering Department at Ferrara University carried out an independent study of the Sound Power Level of four different treadmills. Trials took place in a professional hemi-anechoic chamber at four different speeds (6, 8, 10 and 12 km/h) and in two different conditions, unloaded (without a user) and loaded (with a user weighing 75 kg). Graphs 1 and 2 show the performance of the solutions adopted to reduce the Sound Power Level: absorbers, vibration dampers and running belt texture.

■ TECHNOGYM RUN 1000 ■ COMPETITOR 1 ■ COMPETITOR 2 ■ COMPETITOR 3

1. SOUND EMISSION POWER (dBA) - UNLOADED



2. SOUND EMISSION POWER (dBA) - LOADED



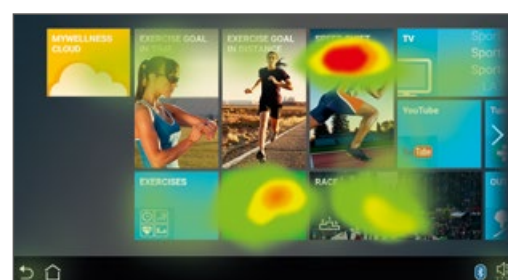
## MAXIMUM USABILITY



The latest findings in user experience research were applied to the development of the new Technogym user interfaces. The overall quality was assessed by an independent study run by an ergonomics lab, in collaboration with the Sapienza University of Rome.

Eye tracking glasses were used to register and analyze users' visual behaviors. The presence, absence, duration, location and sequence of each eye fixation were examined to determine which particular feature captured attention and which layout offered the easiest way to activate the controls.

The results of the research were employed to design the best user interface, increasing the perceived quality of the interaction with the device (e.g. usability and learnability) and the overall pleasantness of the training experience.



Maximum eye focus

# STEP ON AND GO

RUN 600 is a versatile and sturdy treadmill that offers new performance features and new exercise and entertainment options, promising more challenge, fun and motivation.



## NEW FAST TRACK CONTROLS

Thanks to the new **Fast Track Controls** you can easily adjust both speed and incline while maintaining the correct and safe training posture.

## NEW SPEED SHIFT CONTROL

Used in combination with the **Fast Track Controls**, it enables you to create interval training profiles on-the-fly and to switch from one speed level to another with one touch.

## IMPROVED SPEED AND INCLINE

With its new 8 HP motor power peak, 0.2-12.4 mph/0.4-20 km/h speed and 15% incline, RUN 600 keeps pace with your aspirations.



BLUETOOTH®  
CONNECTION





# RUN 600 EXCITE®



# EASY TO USE



## INMOTION SAFETY LIGHT

A red light warns users not to step onto the treadmill until the belt has stopped. The **Runner Detection System** automatically brings the belt to a stop when the treadmill is not in use.



## LONG LIFE DECK

More durable than ever, thanks to the three times thicker layer of phenolic resin, the **Long Life Deck** guarantees years of genuine and completely stress-free running.

## FOR INTENSIVE USE

The sturdy and durable deck and motor, coupled with lower operating costs, ensure long-lasting performance and satisfaction.

## REDUCED DECK HEIGHT

The 7.8"/20 cm high ergonomic deck with its user-friendly design improves accessibility and facilitates use by less experienced users.



# RUN 600 EXCITE®



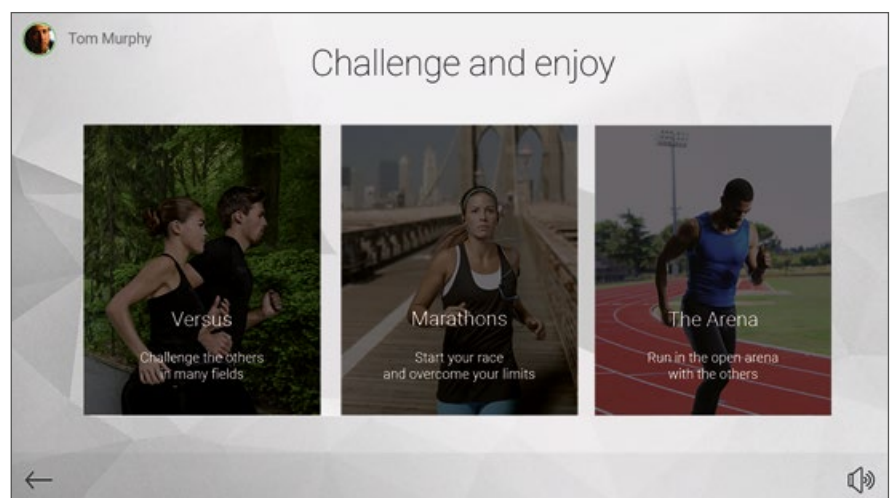




# TAKE ON THE CHALLENGE

## RACES

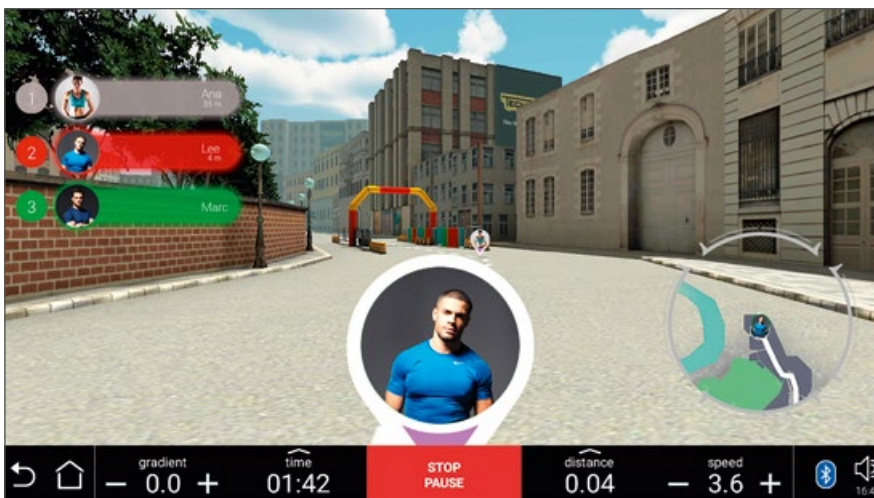
Thirsty for adventure and excitement? Choose your favorite race! UNITY™ 3.0 offers new challenging and patent pending workouts and new entertainment options that will inspire you and drive you forward.







RUN 1000  
RUN 600  
EXCITE®



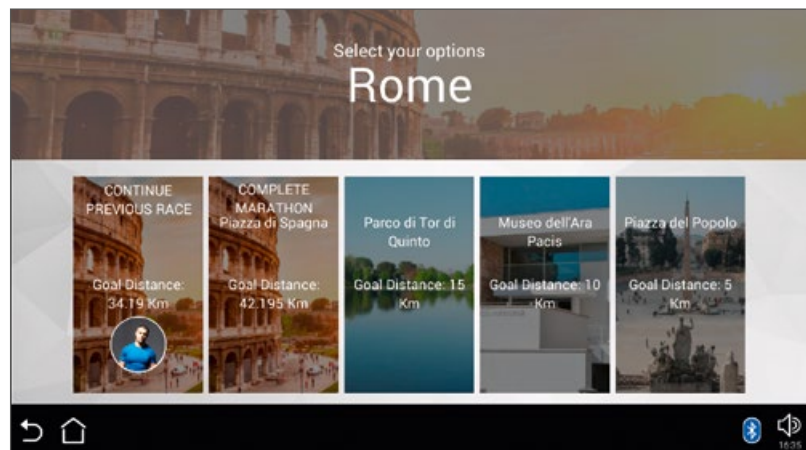




# DESIGN YOUR RACE

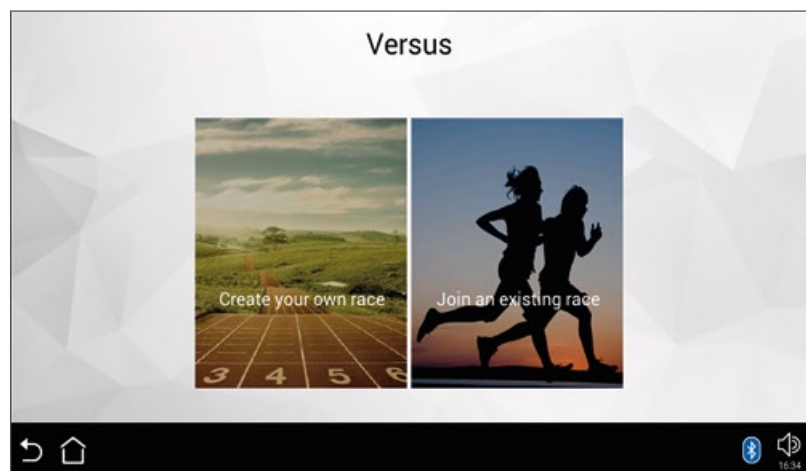
## MARATHONS

With **MARATHONS** you can experience running the most famous marathons in your gym. Choose the location and immerse yourself in the virtual setting, made more realistic by the changing incline of the treadmill to mirror the original path. You don't need to run the whole marathon at once; just log in and UNITY 3.0 will pick up from where you left off last time!



## VERSUS

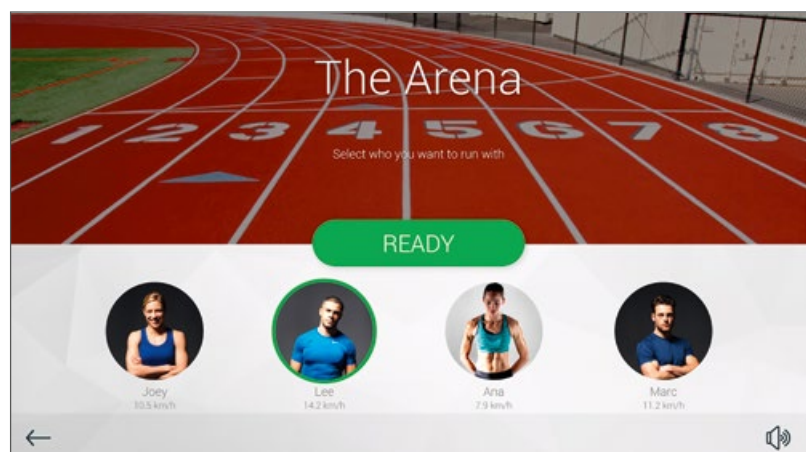
With **VERSUS** you can challenge friends and fellow members over a preferred distance and track, choosing between the arena or famous marathon routes. Up to 10 people can compete in real time against each other inside the same facility. Create your own race or join someone else's and prepare for the adrenaline coursing through your veins!



## THE ARENA

PATENT PENDING

Enter **THE ARENA** and join all other participants (anyone running on a treadmill inside the facility) on the running track. Log in and choose who you want to run next to.



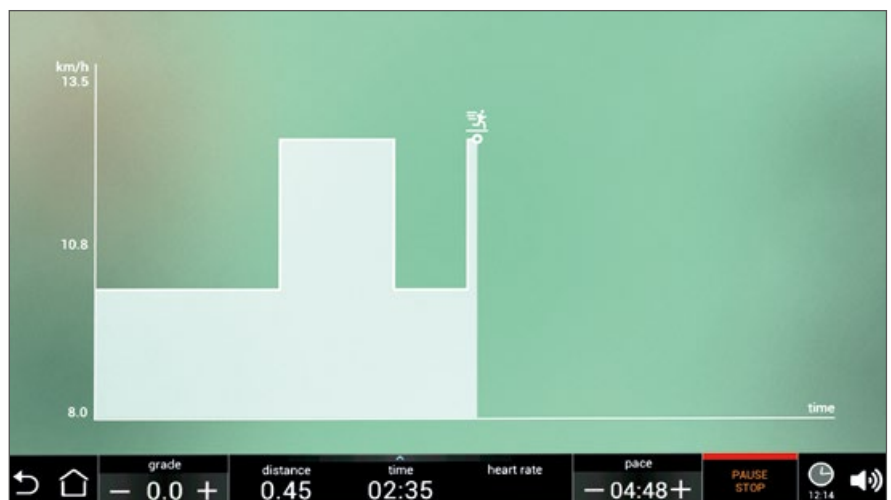


# MAXIMIZE YOUR EFFORT



## SPEED SHIFT

Used in combination with the **Fast Track Controls**, it enables you to create on-the-fly interval training profiles and to switch from one speed level to another with one touch.





# RUN 1000 RUN 600 EXCITE®



## CROSS TRAINING

The programme uses speed to automatically create exercise variety, avoiding boredom and burning more calories than “flat resistance” exercises.



## HILLS

Intensity level increases throughout the workout by means of micro adjustments that induce a greater caloric expenditure without the perception of increased exertion.



## HI-LOW BLOCKS

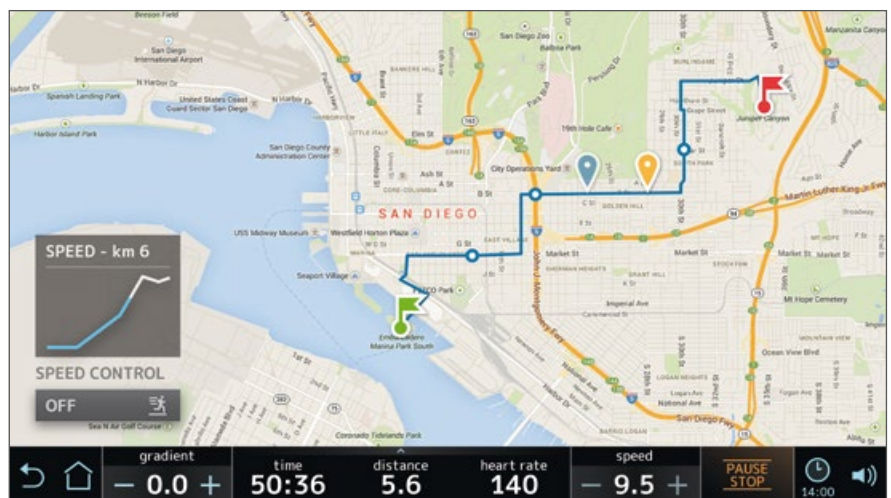
This new interval training option enables you to alternate effort phases, switching between all-out sprints and recovery.



# RUN INDOORS LIKE OUTDOORS

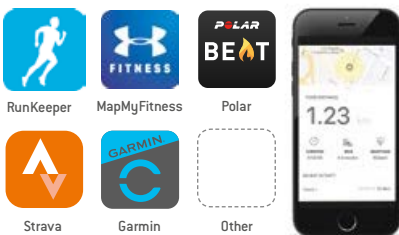
## MYRUNNING LOGBOOK

This exclusive feature enables you to recreate your favorite outdoor runs on EXCITE® treadmills.



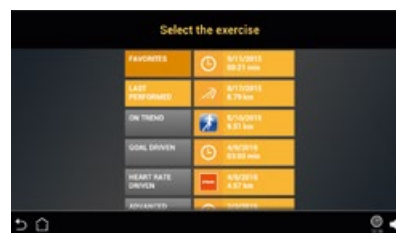


**RUN 1000  
RUN 600  
EXCITE®**



## TRACK

Use your customary app or device to track your performance.



## RELIVE

Choose which run you want to replicate directly from the UNITY™ 3.0 console.

**CROSS TRAINERS**  
**UNLOCK YOUR**  
**TOTAL BODY**  
**POTENTIAL**







# FREE AND NATURAL MOVEMENT

Enjoy infinite movement trajectories. VARIO follows your stride and adapts automatically to your movement pattern. Its adaptive and no-impact movement ensures variety and effectiveness to your training.



## ADAPTIVE STRIDE

VARIO adapts its stride dynamically and automatically, from 0 to 32.7"/83 cm, to suit your size and movement. Its fluid and natural movement prevents 'bouncing' during the movement and ensures a more comfortable workout.

## MOVEMENT VARIETY

With VARIO you can choose your stride length, from vertical stepping [1], to walking [2], to running [3]. This movement variety enables you to enjoy a broad range of exercises.



BLUETOOTH®  
CONNECTION



# VARIO EXCITE®



# VARIED AND EFFECTIVE

VARIO allows you to perform both a total body workout and a great lower body-only workout by holding onto the central handlebars or the lateral supports.

## OPTIMAL TRAINING EFFECT

Tests demonstrate that calorie expenditure remains the highest in its category while perceived effort is reduced compared to traditional elliptical machines.\*

\* “Physiological responses to exercise with two commercially available cross-trainers.” Institute for Biomedical Research into Human Movement and Health Manchester Metropolitan University, Manchester.



## ENJOYABLE AND FAMILIAR EXERCISE

A study investigating the perception of enjoyment during short bouts of exercise on a treadmill, an elliptical cross trainer and VARIO showed that a VARIO workout is perceived to be as enjoyable and natural as walking and running.\*

\* A. Carraro, E. Gobbi, I. Ferri, P. Benvenuti, S. Zanuso “Enjoyment Perception During Exercise With Aerobic Machines” in: Perceptual & Motor Skills: Motor Skills & Ergonomics, 2014.



UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA

## TOTAL AND LOWER BODY TRAINING

VARIO allows you to perform both a total body workout and a great lower body-only workout by holding onto the central handlebars or the lateral supports.



# VARIO EXCITE®



# SAFE AND COMFORTABLE



## NEW ERGONOMIC HANDLEBARS

You can now grab the handlebars at the top and perform more effective pushing and pulling movements for better upper body engagement.

With the **Fast Track Controls** you can adjust the intensity level directly from the handlebars without interrupting the exercise to reach the keypad.

The **Double Hand Sensors** system enables constant heart rate monitoring.



## OPTIMAL START

Enjoy each exercise from the first step thanks to the innovative **Self Starting System** (patented) that avoids pedal blocking.



## REDUCED PEDAL HEIGHT

The reduced height of the pedals from the ground and the lateral hand supports make VARIO safe and easy to use, even for beginners.





# VARIO EXCITE®



# MOVE NATURALLY

SYNCHRO recreates the movement of the body when walking or running. The natural elliptical movement provides an extremely effective cardio exercise.



## NEW ERGONOMIC HANDLEBARS

You can now grab the handlebars at the top and perform more effective pushing and pulling movements for better upper body engagement.

## JOINT-SAFE MOVEMENT

Enjoy a natural, no-impact movement thanks to the rear drive that ensures a fluid elliptical trajectory. The contact between the feet and pedals remains constant throughout the whole range of movement, without stressing the joints.



BLUETOOTH®  
CONNECTION





**SYNCHRO  
EXCITE®**



# SMOOTH AND EASY



## SMOOTH MOVEMENT

The **Smooth Motion** belt transmission system ensures the machine movement is quiet and fluid.

## EASY CONTROLS

With the **Fast Track Controls** you can adjust the intensity level directly from the handlebars without interrupting the exercise to reach the keypad. Both the upper body levers and fixed handgrips are fitted with **Hand Sensors** to monitor heart rate in all training situations.



# SYNCHRO EXCITE®



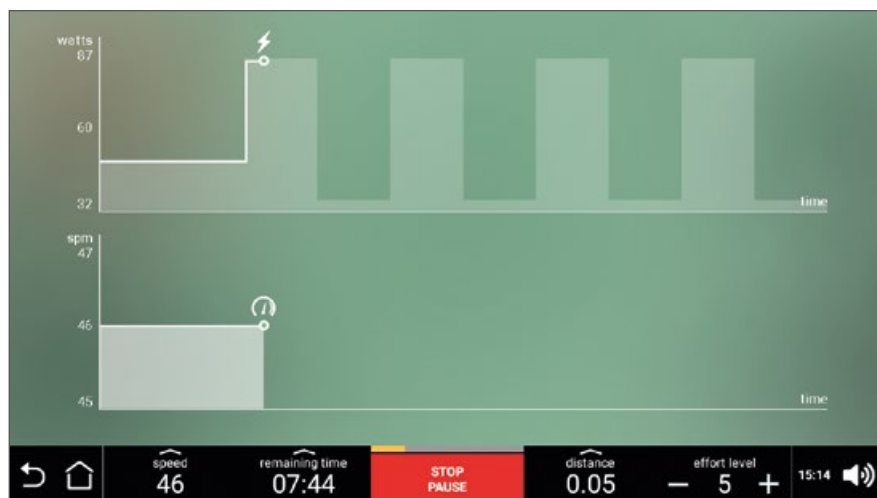


# FULFILL YOUR TOTAL BODY POTENTIAL

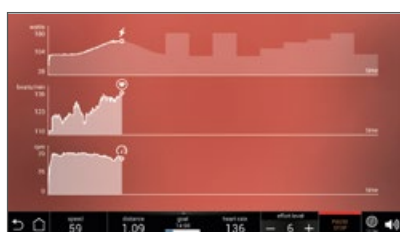


## HI-LOW BLOCKS

This new interval training option enables users to alternate effort phases, switching between pushing as hard as they can and recovering.

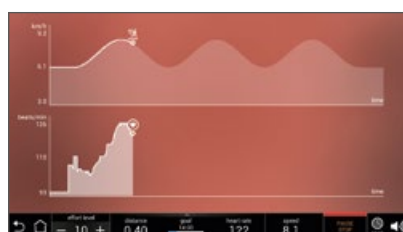


# VARIO SYNCHRO EXCITE®



## CROSS TRAINING

The program uses resistance to automatically create exercise variety, avoiding boredom and burning more calories than “flat resistance” exercises.



## HILLS

Intensity level increases throughout the workout by means of micro adjustments that induce a greater caloric expenditure without the perception of increased exertion.

**BIKES**  
**TRACE YOUR**  
**ROAD**







# ROAD CYCLING FEELING

Enjoy the sensation of riding a real road bike. The biomechanics and ergonomic design offer a variety of positions to help you achieve peak performance.

## FAST TRACK CONTROLS

With the **Fast Track Controls** you can focus your attention on performance alone and maintain a correct and safe training posture at all times without needing to interact with the keypad to adjust the intensity level of the exercise.



## 3 BIKES IN 1

The exclusive handlebar design enables you to ride in 3 different training positions: standard (1), city bike (2) and a stimulating race position (3).



BLUETOOTH®  
CONNECTION

# BIKE EXCITE®



3

# MAXIMUM PERFORMANCE

## SUPERIOR FEELING

Feel at one with your BIKE thanks to the reduced distance between the pedals that gives you a more realistic cycling experience.

## PERFECT SEAT FIT

Enjoy maximum comfort thanks to adjustments at the back of the seat that make it possible to change position while seated. The 12.5mm/0.5" step guarantees the finest adjustment of your seat.

## SMART PEDALS

BIKE's wider pedals provide greater stability and support. The straps can be easily adjusted by simply tightening and releasing the buckle. The 10 degree pedal incline towards the ground makes it easier to slide the feet inside the pedals from a seated position.





## COMFORTABLE ELBOW SUPPORT

BIKE's exclusive handlebar offers a soft and ergonomic elbow support that improves your comfort in the race position.



# CYCLE WITH COMFORT

If you are looking for a moderate cardio activity and additional comfort, RECLINE offers an alternative cycling experience.

## TOTAL ACCESSIBILITY

RECLINE is easily accessible:

- The wide walk through enables users to enter and exit the bike more comfortably.
- The 2.5"/6.5 cm step-over height simplifies access for less mobile and larger users.
- The central handlebar serves as an additional support when sitting down or getting up.

## EASE OF USE AND COMFORT

Finding your ideal sitting position is easy with the adjustable backrest. Both the seat and backrest provide excellent support and comfort thanks to the new design and exclusive padding material.



BLUETOOTH®  
CONNECTION



# RECLINE EXCITE<sup>®</sup>



# EASY ACCESS AND CONTROL





# RECLINE EXCITE<sup>®</sup>



## FAST TRACK CONTROLS

With the **Fast Track Controls** you can adjust the intensity level of the exercise from the handles at the side of the seat without having to interact with a keypad.

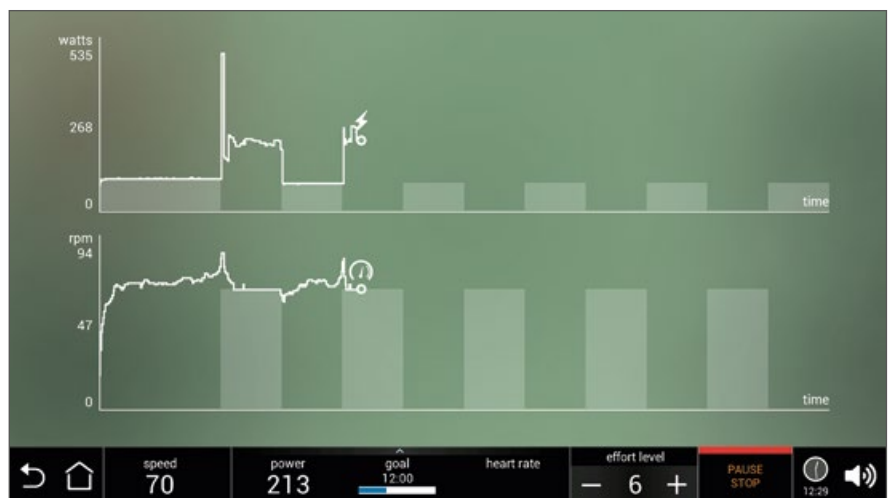
## SMART PEDALS

RECLINE's wider pedals provide greater stability and support. The straps can be easily adjusted by simply tightening and releasing the buckle. The 10 degree pedal incline towards the ground makes it easier to slide the feet inside the pedals from a seated position.

# ACHIEVE PEAK PERFORMANCE

## BURNOUT

This unique workout routine utilizes brake control technology that increases resistance in relation to the user's power output.





# BIKE RECLINE EXCITE®



## CROSS TRAINING

The program uses speed to automatically create exercise variety, avoiding boredom and burning more calories than “flat resistance” exercises.



## HILLS

Intensity level increases throughout the workout by means of micro adjustments that induce a greater caloric expenditure without the perception of increased exertion.



## HI-LOW BLOCKS

This new interval training option enables users to alternate effort phases, switching between pushing as hard as they can and recovering.

**UPPER BODY**  
**TOP UP YOUR**  
**WELL-BEING**







# COMPLETE YOUR WELL-BEING

Enjoy a more varied, stimulating and effective cardio workout. Upper body rotary training improves your fitness, muscular strength, endurance and look. Extremely versatile in both design and functionality, TOP is suited for many applications, including sport training and rehabilitation.



## GREAT VERSATILITY

TOP can be used seated or standing up. The optional ergonomic seat **(1)** helps promote proper posture and assists in engaging core, back and shoulder muscles to achieve better total body stabilization. TOP also features an optional seat with backrest for maximum comfort and support **(2)**. The standing position **(3)** involves longer kinetic chains, engaging more muscles and increasing calorie consumption.



## TESTS ON-BOARD

TOP sports a variety of tests for general training purposes as well as injury prevention and rehabilitation. Tests include: **Sub-maximal and Maximal Tests** for the assessment of both aerobic and anaerobic fitness levels (Wingate Test).



BLUETOOTH®  
CONNECTION

3



**TOP  
EXCITE®**

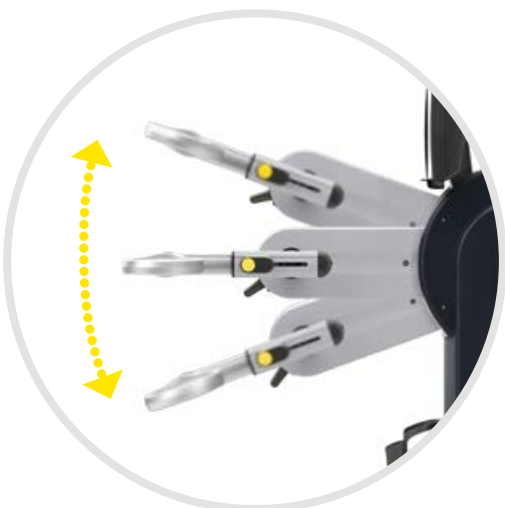


# MULTIPLE TRAINING OPTIONS



## ROTATING HANDLES

The rotating handles engage different muscle groups, distributing the load according to your needs and preferences.



## ADJUSTABLE HAND CRANK HEIGHT

The adjustable hand crank height ensures greater comfort and proper posture, as well as diversified involvement of the different muscle groups.



## TELESCOPIC ARMS

Telescopic arms enable use in all positions and at different heights. By varying the length of the arms, you can choose the level of involvement of the torso.





## FORWARD-BACKWARD RESISTANCE

Achieve a more balanced workout and the complete involvement of all shoulder and torso muscles.



# INCREASE YOUR RESISTANCE

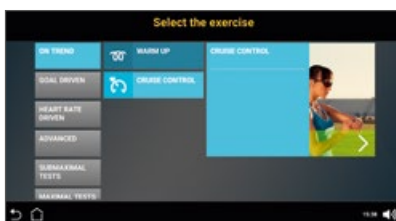


## WARM UP

Proper warm up of arm, shoulder muscles and joints before strength training and sport competitions improves results and helps prevent injuries. In just four minutes, by selecting the Warm Up function on the display, you will be taken through an exercise routine that prepares you for safe and effective training.

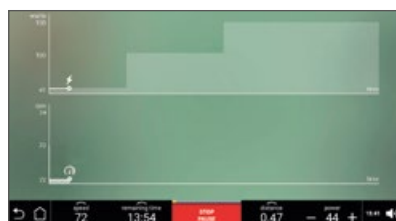






## CRUISE CONTROL

The dedicated button directs to a programme whose only parameter target is speed. This function is very useful and highly beneficial for sport performance training and rehabilitation.



## CUSTOM POWER

This interval training option enables users to exercise at a set resistance independently from the working speed.



## CUSTOM SPEED

This interval training option enables users to exercise at a set speed. The equipment automatically changes the resistance in the chosen speed to maintain the correct RPM.

**STAIR CLIMBERS**  
**ASCEND BEYOND**  
**YOUR LIMITS**







# PERFORMANCE MADE EASY

CLIMB makes stair climbing an inviting experience that also beginners can enjoy with immediate results.



## STEP ON EASILY

An innovative breakthrough in the market, the 26.5 cm / 10 inches low **Courtesy Step™** (Patent pending)\* automatically repositions itself at the lowest height at the end of the workout to simplify getting on.



## FORGET TOE PINCHING

The **ToeSmart Design™** enables use of the entire step surface without fear of pinching your toes between steps, regardless of foot size.\*



## STEP ASIDE COMFORTABLY

**Smart Lateral Footrests\*** provide a convenient foothold for stepping aside to take a break or to easily interact with the console.



\* Only by Technogym®

**CLIMB  
EXCITE®**



# CHALLENGE YOURSELF

CLIMB offers more demanding users new high intensity workout routines that make use of the stair climber's full potential.



## STEP UP YOUR WORKOUT

Boost your muscle activation, for maximum calorie burn and muscle tone, with unique exercises that utilize Technogym's proprietary **Smart Lateral Footrests\***.

- Push
- Lateral skip
- 2 steps alternated.



## MORE SPACE FOR PERFORMANCE

The innovative design maximizes available space, offering the **deepest step surface\*** on the market (28 cm/11 in) for performing more intense workouts with total confidence.

## 3 STEPS ALWAYS AVAILABLE

Complex footwork and routines are easily performed because for the first time in the market, there are up to **3 and a half treadable steps available\***.

\* Only by Technogym®



## BOOST WORKOUT EFFECTIVENESS

Technogym® developed **Goal-Oriented Routines** that make it easy for both beginners and advanced users to enjoy CLIMB's benefits.

- **CALORIE BURN.** Specially-designed high intensity workout routines.
- **AEROBIC CONDITIONING.** To strengthen the cardiovascular system.
- **TONING AND SCULPTING.** For a comprehensive activation of glutes, hamstrings, quadriceps, abs and calves.
- **PROPRIOCEPTION.** To improve coordination and balance by recruiting hip and core muscles.

## MAINTAIN THE RIGHT POSTURE

The **Multi-purpose Handlebars** facilitate training the glutes, quadriceps, hamstrings and calves from different angles, all while maintaining proper posture.



# THE MOST SPACE-EFFICIENT STAIR CLIMBER

## LOWEST HEIGHT IN THE MARKET

Traditional stair climbers scare off less confident members. Thanks to its reduced height, CLIMB is not only less intimidating, but it also overcomes ceiling restraints and harmonizes with lower height equipment.

CLIMB is 20 cm (8 in.) less than the shortest product on the market.

CLIMB is 40 cm (16 in.) shorter than the tallest product on the market.



## SMALLEST FOOTPRINT IN THE MARKET

CLIMB has been designed to provide the widest climbing space within the smallest footprint — only 1 sqm/10 sq ft — enabling you to fit more equipment and users in the same space.

The best ratio in the market between climbing space and footprint.



## HASSLE-FREE UPKEEP

The rustproof stainless steel hinges, self-lubricating chain, sweatproof design and titanium alloy guides prevent corrosion and reduce the need for maintenance. The special design facilitates easy inspection and cleaning of both floor and equipment.



**CLIMB  
EXCITE®**



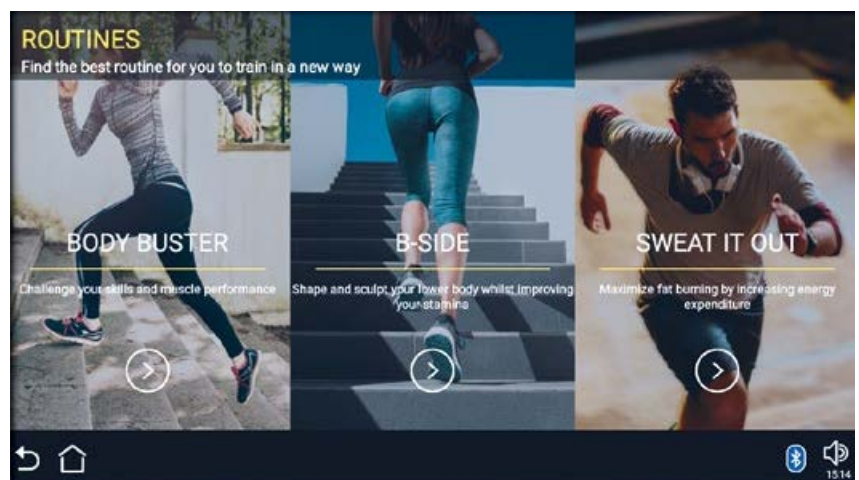
# ACHIEVE YOUR GOALS



## GOAL-ORIENTED ROUTINES

CLIMB helps users perform beyond expectations with testing options, interval training and exclusive Goal-Oriented Routines.

**Body Buster** steps up your athletic skills and increases muscle performance. **B-Side** shapes and sculpts your lower body. **Sweat it out** maximises fat burning.







## WORKOUT GUIDANCE

In addition to targeting specific needs, **Goal-Oriented Routines** take you through each step of the exercise, helping you achieve your results more easily and efficiently.



## CROSS TRAINING

The program uses speed to automatically create exercise variety, avoiding boredom and burning more calories than “flat resistance” exercises.



## TESTING

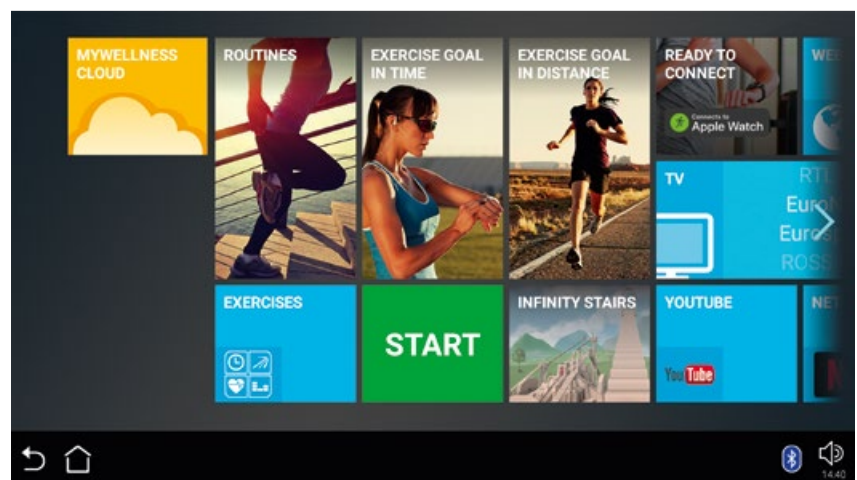
Measure your fitness level with some of the hardest and most challenging tests around: **Fitness, CPAT and WFI Tests.**



# CLIMB TO NEW HEIGHTS

## IMMERSIVE ENTERTAINMENT

From the world's tallest buildings to the highest mountains, the new UNITY™ 3.0 console takes climbing to new heights with entertainment options that will inspire you and drive you forward.



\* Only by Technogym®



# CLIMB EXCITE®



## IMMERSIVE WORKOUTS\*

Ever-changing landscapes inspire you and help you get the most out of your training. Join your friends and workout together.



## VIRTUAL OUTDOOR COURSES

From fjords in Norway to the ridges of Iceland, from Italy's rugged Mount Etna to the vastness of America's Grand Tetons and the majesty of Mont Blanc, the world is at your feet.





# DISPLAYS

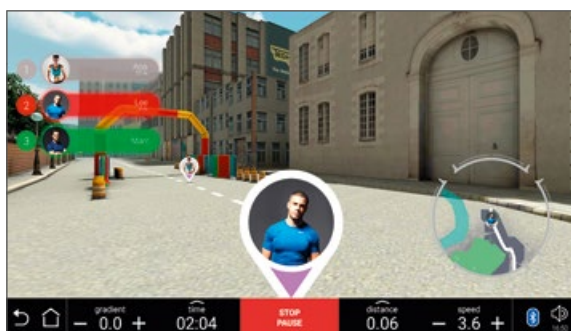


# UNITY™

The new UNITY™ 3.0 console features:

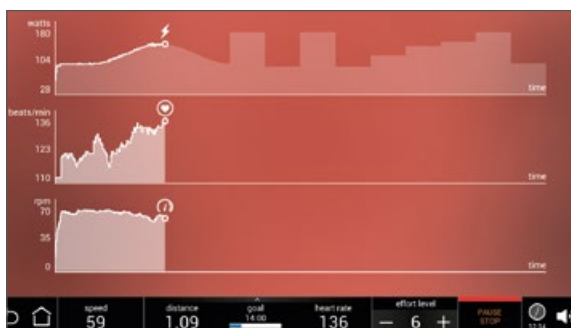
- new powerful hardware featuring a processor that is more than twice as fast and Android 5.1
- enhanced picture quality
- new Interval Training workouts
- new Races workouts
- Wi-Fi® and Bluetooth® connectivity





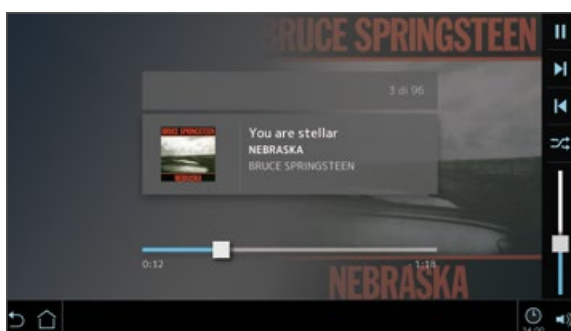
## RACES

Thirsty for adventure and excitement? Choose your favorite race! Run a marathon, create your own race or jog alongside friends in the arena.



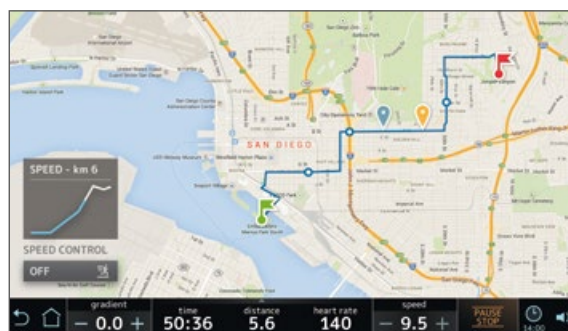
## INTERVAL TRAINING

Enjoy the benefits of interval training, avoiding boredom and burning more calories than what you would do with “flat resistance” exercises.



## BLUETOOTH® MUSIC LISTENING

The UNITY™ 3.0 console plays your favorite music from your Apple or Android device via Bluetooth®. To enjoy a hands-free training and entertainment experience, pair with your Bluetooth® wireless earphones.



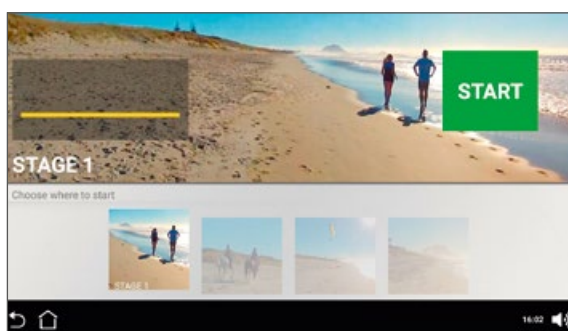
## MYRUNNING LOGBOOK

Replicate your outdoor runs tracked by compatible mobile apps such as RunKeeper®, MapMyFitness® and Strava®, and by wearable tracking devices such as Garmin® and Polar®.



## PERSONAL PROFILE

You can tailor your workout experience by setting up a personal profile that automatically links to your training programs, favorite apps, websites and TV channels when you log in.



## OUTDOORS

Select one of 16 different virtual locations (8 on bikes and 8 on treadmills and crosstrainers) and enjoy an outdoor training simulator on your cardio console.

# TV

The new TV console features:

- incomparable usability thanks to touch-screen technology
- Coax and IPTV technologies
- new Interval Training workouts
- Wi-Fi® and Bluetooth® connectivity

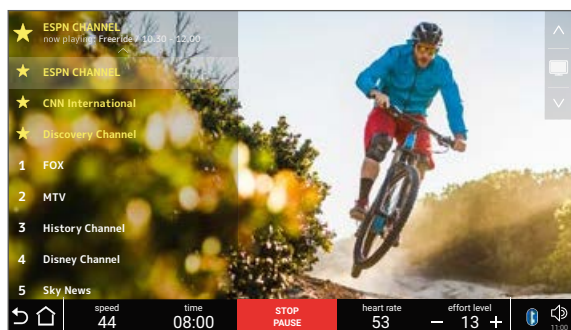






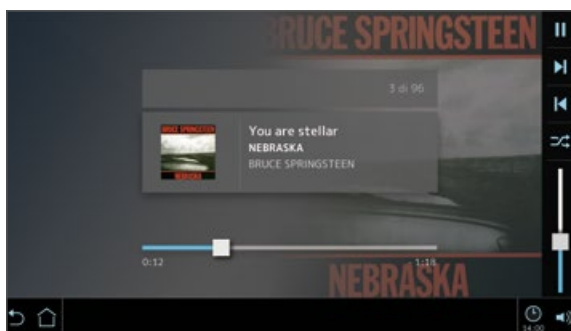
## INTERVAL TRAINING

Enjoy the benefits of interval training, avoiding boredom and burn more calories than what you would do with “flat resistance” exercises.



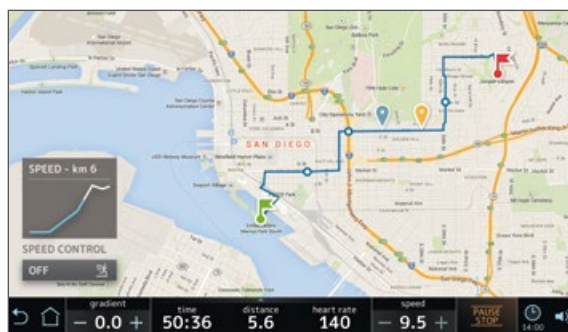
## FAVORITE TV CHANNELS

Our smart TV technology supports all modern standards including IPTV and PRO-Idiom without the need for set top boxes so you can control viewing directly from the touch-screen console.



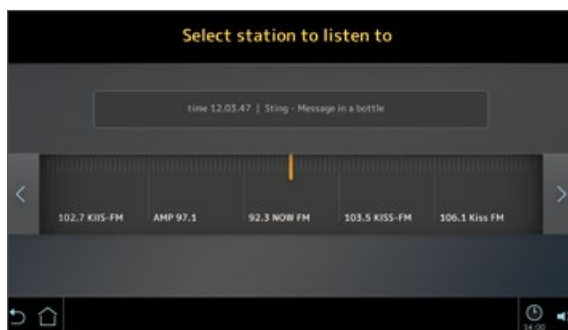
## BLUETOOTH® MUSIC LISTENING

The TV console plays your favorite music from your Apple or Android device via Bluetooth®. To enjoy a hands-free training and entertainment experience, pair your Bluetooth® wireless earphones.



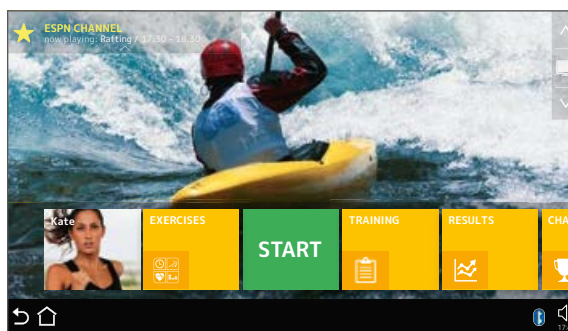
## MYRUNNING LOGBOOK

Replicate your outdoor runs tracked by compatible mobile apps such as RunKeeper®, MapMyFitness® and Strava®, and by wearable tracking devices such as Garmin® and Polar®.



## FM RADIO

Listen to your favorite radio stations, as if you were at home or in your car. To enjoy a hands-free training and entertainment experience, pair your Bluetooth® wireless earphones.



## PERSONAL PROFILE

You can tailor your workout experience by setting up a personal profile that automatically links to your training programs, and your preferred TV channels when you log in.

# LED

The new advanced LED display features:

- contemporary style with new black frame
- refreshed graphics for enhanced usability
- integrated QR code and NFC tag for exercise guidance and tracking.



## QR CODE AND NFC TAG

The QR code and NFC tag enable you to view videos for exercise guidance and/or check the prescribed workout on your personal smartphone.



## TESTS

A full range of Submaximal, Maximal, and Military tests is available on-board the equipment to satisfy all different needs.



## PROGRAMS

A full range of programs is available to satisfy the needs of the most demanding users. Heart rate controlled training options are also available to help users achieve their goals, from weight loss to performance enhancement.



## CONNECTED EQUIPMENT PACK\*



# GET THE MOST OUT OF YOUR

\*INCLUDED WITH UNITY™ 3.0

### PROMOTE YOUR FACILITY



pro.mywellness.com for operators



UNITY 3.0 for users

It enables you to:

- customize the equipment screensaver with your logo, messages and preferred pictures or video
- customize bookmarks by adding your preferred website to the list of web bookmarks
- customize “Share on Facebook” links to promote your brand when users share their training data.

### MONITOR EQUIPMENT USAGE



pro.mywellness.com for operators

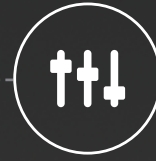


Asset

It enables you to:

- remotely monitor your equipment via a dashboard, with real-time data on equipment usage and uptime.





# EQUIPMENT

## DELIVER WELLNESS EVERYWHERE



mywellness.com



mywellness app

It enables your users to:

- create and access their account
- check their fitness data and their training program
- view exercise details and videos
- share the information with you.

## PERSONALIZE YOUR SCREEN



Technogym App Store

It enables you to:

- create a personalized screen on all equipment interfaces by downloading your choice of apps and contents.

# TECHNICAL SPECIFICATIONS

## DISPLAYS



	UNITY™ 3.0	TV	Advanced LED
Screen & controls			
Screen type and size - Run 1000	19" LCD - WIDE 16:9		LED
Screen type and size - Other equipment	15.6" LCD - WIDE 16:9		LED
Capacitive touch screen technology	Surface capacitive		-
Android open platform	YES		NO
Gesture interaction	YES		NO
Keypad technology	-		with tactile feedback
Equipment Content			
Embedded Workout Programs (treadmill)	18 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Custom Speed, Training Zone, Weight Loss, Speed Shift, Hi-Low Blocks, Hills, Cross Training		23 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset, 9 customizable), Custom Speed, Training Zone, Weight Loss
New "On Trend" workouts	YES		NO
Smart charts	YES		NO
Sub maximal tests (on treadmill)	3 - Fitness test, Single stage, Multistage, Smart		Fitness Test
Maximal tests (on treadmill)	8 - Technogym maximal test, Custom maximal test, Bruce, Bruce modified, Naughton, Balke and Ware, Astrand modified, Costill and Fox		NO
Military test (on treadmill)	8 - Gerkin Protocol, Air Force PRT, Navy PRT, Army PFT, Marine Corps PFT, Federal Law Enforcement PEB, IPPT, GTO		IPPT
Language options	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai		13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish
3 <sup>rd</sup> party software and apps			
Compatible with standard Android apps	YES	NO	
Compatible with Apple® GymKit*	YES		NO
HR Measuring			
5kHz receiver	YES		
Bluetooth® low energy technology	YES		NO
Hand Sensors	YES, double (where applicable)		
NFC (RFID) reader	YES		NO
User ID			
Active RFID reader	YES	Optional	NO
RFID tag	NO		YES
Bluetooth® low energy technology	YES		NO
QR code	YES		
Key reader	YES		Optional
Username & password	YES		NO
Apple Watch®	YES		NO

# TECHNICAL SPECIFICATIONS

## DISPLAYS



	UNITY™ 3.0	TV	Advanced LED
User customization			
My Training Program	YES		NO
My Training Results	YES		NO
My Workout Feedback	YES		NO
My Exercises (latest and favorites)	YES		NO
MyRunning Logbook (treadmill only)	YES		NO
My Language	YES		NO
My Weather	YES	NO	
My Challenges	YES		NO
My Personal Records	YES		NO
My Favorite TV Channels	YES		NO
My Favorite Web Bookmarks	YES	NO	
My Music (automatic Bluetooth® connection to Apple and Android devices; no pairing needed)	YES		NO
My Games (restore game levels where I have left in the previous workout)	YES	NO	
User Content Sync (no username & password typing needed to connect to personal accounts)	YES	NO	
Entertainment options			
Analog TV	PAL (BG, DK, I, BH, M, N), SECAM (L, L1, DK, H, BG), NTSC (NTSC M, NTSC4.43 M)		NO
Digital TV	DVB-T2, DVB-T, DVB-C, ATSC+QAM B, ISDB-Tb (with smart card reader for Japanese market)**		NO
IPTV	MPEG-2 Standard Definition; MPEG -4 pt10 AVC/H.264 Standard Definition & HD; PROTOCOLS: UDP/RTP multicast & unicast		NO
Pro:Idiom compatibility (dedicated accessory code)	IPTV and Coax		NO
Radio	digital (DVB-T, DVB-C, ATSC, ISDB-T, QAM), analog (FM)		NO
Integrated cardio theater controls	MYE Android App	NO	
Full Web navigation experience	YES	NO	
Games	customizable from Technogym App Store	NO	NO
USB Multimedia - Audio	MP3, AAC, WAV (uncompressed)		NO
USB Multimedia - Video	AVI (Video codec: XVID, MPEG4, H264 - Audio codec: MP3, AC3) MKV (Video codec: MPEG4, H264 - Audio codec: MP3, AAC, AC3) MP4 (Video codec: MPEG4, H264 - Audio codec: MP3, AC3)		NO
USB Multimedia - picture and documents readers	JPEG, BMP, GIF, PNG, PDF		NO
iPod® / iPhone® - support and recharge	With user personal cable through USB connector		NO
iPad® - support and recharge	With user personal cable through USB connector		NO
Android devices support and recharge	With user personal cable through USB connector		NO
Bluetooth® headphones connectivity	YES		NO
Outdoors (virtual locations)	YES	NO	

\* UNITY Enhanced Login Upgrade Kit needed for Excite line (A0000923)

\*\* Optional: A0000845 Kit QAM Pro:Idiom; A0000897 Kit IPTV Pro:Idiom; A0000854 Kit DVB-T2@HEVC; A0000915 Kit External Set-up Box

# TECHNICAL SPECIFICATIONS

## DISPLAYS



	UNITY™ 3.0	TV	Advanced LED
<b>Exergaming</b>			
Real-time races between treadmills	YES		NO
Famous virtual marathon courses (treadmills)	YES		NO
Treadmills arena	YES		NO
<b>Connectivity</b>			
LAN Ethernet 10/100/1000	YES		NO
WiFi - IEEE802.11a/b/g/n (2,4 GHz & 5GHz)	YES		NO
Bluetooth® (wireless headphones, Apple/Android devices)	YES		NO
Bluetooth® low energy technology (USER ID, heart rate monitoring)	YES		NO
C-Safe	NO		YES
<b>Facility customization option</b>			
Applications and content available on console	YES		NO
Content availability depending on user profile	YES		NO
Screen saver customizable with facility logo/brand	YES		NO
Screen saver customizable with facility messages	YES		NO
Screen saver background customizable with facility images	YES		NO
Screen saver background customizable with facility video	YES		NO
Screen saver background customizable with TV channel	YES		NO
Stand-by mode (screen off)	YES		NO
Facility area customizable with facility logo/brand	YES		NO
<b>Supported Professional Apps</b>			
COMMUNICATOR - text messages to the console	YES		NO
COMMUNICATOR - messages with images	YES		NO
COMMUNICATOR - messages with videos	YES		NO
COMMUNICATOR - Run surveys on the console	YES		NO
COMMUNICATOR - message and survey available to specific user groups	YES		NO
COMMUNICATOR - message and survey available to specific types of equipment	YES		NO
COMMUNICATOR - message and survey available to specific time and day of the week	YES		NO
COMMUNICATOR - Club Area	YES		NO



# TECHNICAL SPECIFICATIONS

## DISPLAYS



	UNITY™ 3.0	TV	Advanced LED
ASSET management - equipment usage data	YES		NO
ASSET management - remote software upgrade	YES		NO
ASSET management - automatically notify maintenance team about malfunctioning	YES		NO
ASSET management - monitor and notify network connectivity malfunctioning	YES		NO
STORE - select which applications to show on the console	YES		NO
STORE - assign premium applications to premium users	YES	NO	
STORE - assign different applications to different types of equipment	YES	NO	
STORE - stats about each application usage	YES	NO	
STORE - constantly updated library of new applications	YES	NO	
STORE - custom applications & enterprise distribution	YES	NO	
PRESCRIBE - display the entire workout session on the console	YES		NO
PRESCRIBE - display exercise details and videos for cardio, selectorized, functional, body weight and all types of exercises on the console	YES		NO
PRESCRIBE - manually track any type of exercise directly from the console	YES		NO
PRESCRIBE & SELF - review the charts of exercise results directly from the console	YES		NO
PRESCRIBE & SELF - track any type of exercises also when training without a training program (free session) directly from the console	YES		NO
SELF - pick a new training program from library by answering few guided questions directly from the console	YES		NO
SELF - add exercises and modify the training program directly from the console	YES		NO
CHALLENGE - publish and promote challenges directly on the console	YES		NO
CHALLENGE - join new challenges directly from the console	YES		NO
CHALLENGE - review the challenge ranking directly on the console	YES		NO

# TECHNICAL SPECIFICATIONS

## RUN 1000



1000 UNITY™		1000 TV		1000 LED	
ENERGY SAVING*		ENERGY SAVING*		ENERGY SAVING* 	
Specifications & performance					
Dimensions (LxWxH)**	2190 x 960 x 1551 mm (86" x 38" x 61")				
Weight	195 kg (430 lbs)				
Max user weight	220 kg (485 lbs)				
Height of the running surface above floor level	280 mm (11")				
Power engine (peak)	8.0 HP (AC)				
Speed range	0.8 - 27 km/h (0.5 - 16.8 mph) at 220 Vac 0.8 - 22 km/h (0.5 - 13.7 mph) at 110 Va 0.8 - 20 km/h (0.5 - 12.4 mph) at 90 Vac				
Incline	0 - 18%				
Running surface (LxW)	1520 x 520 mm (60" x 20.5")				
Power requirement	200 - 240 Vac ("E" version); 90 - 240 Vac ("A" version); 16A dedicated socket each machine				
Training & comfort features					
Goal Oriented Display	YES				
Total number of programs	18 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Custom Speed, Training Zone, Weight Loss, Speed Shift, Hi-Low Blocks, Hills, Cross Training			23 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset, 9 customizable), Custom Speed, Training Zone, Weight Loss	
Sub maximal tests	4 - Fitness test, Single stage, Multistage, Smart Test			3 - Fitness test, Single stage, Multistage	
Maximal tests	8 - Technogym maximal test, Custom maximal test, Bruce, Bruce modified, Naughton, Balke and Ware, Astrand modified, Costill and Fox				
Military tests	8 - Gerkin Protocol, Air Force PRT, Navy PRT, Army PFT, Marine Corps PFT, Federal Law Enforcement PEB, IPPT, GTO				
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai			13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
User-defined language selection	YES			NO	
HR monitoring	Hand Sensors, Telemetry***, Apple Watch®****				
Fast Track Controls	YES				
Runner Detection System	YES				
"InMotion" Safety Light	YES				
Preventive Care Light	YES				
Optimal Stride	YES				
ReadyToRun	YES				
Laser marking on belt	YES				
Integrated fan	YES				
Calorie Coach	YES				
Supplementary features & utilities					
Servicing	Belt and deck lubrication not required				
Long Life Deck	YES				
Heart rate interactive function via Hand Sensors	YES				
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) optional and Apple Watch®	YES through optional Key Reader		
Apple® GymKit compatibility	YES****		NO		
Display options					
Display available	UNITY™ 3.0		TV		Advanced LED
Certifications					
MET Mark	YES				



IFI accredited version available for UK market only

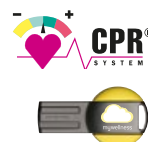
\* See specific information on p. 30

\*\* Length x Width x Height while working on the equipment

\*\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission.

Band and transmitter not included

\*\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).



# TECHNICAL SPECIFICATIONS

## RUN 600



600 UNITY™		600 TV		600 LED	
Specifications & performance					
Dimensions (LxWxH)*	2100 x 859 x 1481 mm {83" x 34" x 58"}				
Weight	164 kg {362 lbs}				
Max user weight	200 kg {440 lbs}				
Height of the running surface above floor level	200 mm {8"}				
Power engine {peak}	8.0 HP {AC}				
Speed range	0.4 - 20 km/h {0.2 - 12.4 mph}				
Incline	0 - 15%				
Running surface {LxW}	1520 x 510 mm {60" x 20"}				
Power requirement	200 - 240 Vac ["E" version]; 90 - 240 Vac ["A" version]; 16A dedicated socket each machine				
Training & comfort features					
Goal Oriented Display	YES				
Total number of programs	18 - Quick Start, Goals {Time; Distance; Calories}, CPR, Profiles {6 preset}, Custom Speed, Training Zone, Weight Loss, Speed Shift, Hi-Low Blocks, Hills, Cross Training			23 - Quick Start, Goals {Time; Distance; Calories}, CPR, Profiles {6 preset, 9 customizable}, Custom Speed, Training Zone, Weight Loss	
Sub maximal tests	Fitness Test				
Military tests	8 - Gerkin Protocol, Air Force PRT, Navy PRT, Army PFT, Marine Corps PFT, Federal Law Enforcement PEB, IPPT, GTO			IPPT	
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai			13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
HR monitoring	Hand Sensors, Telemetry**, Apple Watch®***				
Fast Track Controls	YES				
Runner Detection System	YES				
"InMotion" Safety Light	YES				
ReadytoRun	YES			NO	
Laser marking on belt	YES				
Calorie Coach	YES				
Supplementary features & utilities					
Servicing	Belt and deck lubrication not required				
Long Life Deck	YES				
Plug & Play System	YES				
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC {RFID} and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC {RFID} optional and Apple Watch®		YES through optional Key Reader	
Apple® GymKit compatibility	YES***		NO		
Certifications					
MET Mark	YES				
Display options					
Display available	UNITY™ 3.0		TV		Advanced LED

\* Length x Width x Height while working on the equipment

\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission.

Band and transmitter not included

\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).



# TECHNICAL SPECIFICATIONS

## VARIO

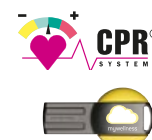


UNITY™		TV	LED	LED SP
ENERGY SAVING				
Specifications & performance				
Dimensions (LxWxH)*	1940 x 730 x 1700 mm (73"x 29"x 67")			
Weight	200 kg (441 lbs)			
Max user weight	160 kg (353 lbs)			
Min. pedal height from the ground	270 mm (11")			
Step height	170 mm (7")			
Min - max stride	0 - 830 mm (0 - 33")			
Difficulty levels	1 - 25			
Resistance at 70 SPM (Watts)	30 - 500			50 - 500
Power requirement	100 - 240 Vac 50/60 Hz			Self Powered cordless
Training & comfort features				
Goal Oriented Display	YES			
Total number of programs	17 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Create your own, Training Zone, Weight Loss, Hi-Low Blocks, Hills, Cross Training		11 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6)	
Submaximal tests	Fitness Test			
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai		13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
HR monitoring	Double Hand Sensors, Telemetry**, Apple Watch®***			
Fast Track Controls	YES			
Calorie Coach	YES			
Self Starting System	YES			
Lateral supports	YES			
Ergonomic handlebars	YES			
Supplementary features & utilities				
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) optional and Apple Watch®	YES through optional Key Reader	
Apple® GymKit compatibility	YES***	NO		
Certifications				
UL Mark	YES			
Display options				
Display available	UNITY™ 3.0	TV	Advanced LED	

\* Length x Width x Height while working on the equipment

\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission. Band and transmitter not included

\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).





# TECHNICAL SPECIFICATIONS

## CLIMB



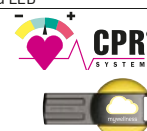
UNITY™		TV	LED
Specifications & performance			
Dimensions (LxWxH)*	1300 x 770 x 1890 mm { 51"x 30"x 74" }		
Footprint	1 sqm { 10.7 sq ft }		
Weight	190 kg { 419 lbs }		
Min-Max user weight	40-180 kg { 90 - 397 lbs }		
First step height from the ground	265 mm { 10.4" }		
Step height	206 mm { 8" }		
Step depth	281 mm { 11" }		
Step width	470 mm { 19" }		
Number of steps always available	3		
One floor climbed	16 steps, 3.5 m { 11 ft }		
Difficulty levels	1-30		
Speed	24-165 spm		
Power requirement	100 - 240 Vac 50/60 Hz		
Drive system	Electromagnetic brake with combined chain-belt synchro trasmission drive for a precise stair speed control		
Training & comfort features			
Goal-Oriented Display	YES		
Total number of programs	20 - Quick Start, Goals { Time; Distance; Calories }, CPR, Goal-Oriented Routines { 3 }, Profiles { 6 preset }, Create your own, Training Zone, Weight Loss, Hi-Low Blocks, Hills, Cross Training	17 - Quick Start, Goals { Time; Distance; Calories }, CPR, Profiles { 6 preset }, Create your own, Training Zone, Weight Loss, Hi-Low Blocks, Hills, Cross Training	13 - Quick Start, Goals { Time; Distance; Calories }, CPR, Profiles { 6 }, Training Zone, Weight Loss
Goal-Oriented Routines	Body Buster, B-Side, Sweat it out	NO	
Sub maximal tests	Fitness Test, CPAT, WFI		
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai	13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Russian, Turkish, Danish, Polish	
HR monitoring	Double Hand Sensors, Telemetry**, Apple Watch®***		
Fast Track Controls	YES		
Calorie Coach	YES		
Multi-purpose Handlebars	YES		
Split Step Technology	YES { Patent Pending }		
Courtesy Step™ for easy access	YES; height: 265 mm { 10" } { Patent Pending }		
ToeSmart Design™ for anti toe pinching	YES		
Smart Lateral Footrest	YES		
Emergency stop button on handlebar	YES		
User detection system	YES		
Bottle holder	YES		
Integrated reading rack	YES		
Exergaming			
Immersive Workouts on infinite stairs	YES	NO	
Virtual Outdoor Courses	YES	NO	
Supplementary features & utilities			
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC { RFID } and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC { RFID } optional and Apple Watch®	YES through optional Key Reader
Apple® GymKit compatibility	YES***	NO	
Certifications			
Certifications	UL, CE, EAC, SII, Giteki, Anatel, KC, MD		
Service features			
Wheels	4 { 2 engageable } for easy mobility and positioning		
Sweatproof design	YES		
Rustproof stainless steel hinges	YES		
Self-lubricating chain	YES		
Titanium alloy guides	YES		
Easy inspection design	YES		
Easy cleaning	YES		
Display options			
Displau available	UNITY™ 3.0	TV	Advanced LED

\*Length x Width x Height while working on the equipment

\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission.

Band and transmitter not included

\*\*\* Requires UNITY Enhanced Login Upgrade Kit [code A0000923].



# TECHNICAL SPECIFICATIONS

## SYNCHRO

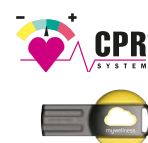


UNITY™		TV	LED	LED SP
ENERGY SAVING				
Specifications & performance				
Dimensions (LxWxH)*	2040 x 700 x 1600 mm (81" x 28" x 63")			
Weight	150 kg (330 lbs)			
Max user weight	180 kg (397 lbs)			
Difficulty levels	1 - 25			
Resistance at 120 SPM (Watts)	30 - 500			40 - 500
Power requirement	100 - 240 Vac 50/60 HZ			Self Powered cordless
Training & comfort features				
Goal Oriented Display	YES			
Total number of programs	17 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Create your own, Training Zone, Weight Loss, Hi-Low Blocks, Hills, Cross Training		11 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6)	
Submaximal tests	Fitness Test			
Military tests	Navy PRT			
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai		13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
User-defined language selection	YES		NO	
HR monitoring	Double Hand Sensors, Telemetry**, Apple Watch®***			
Fast Track Controls	YES			
Calorie Coach	YES			
Ergonomic handlebars	YES			
Supplementary features & utilities				
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) optional and Apple Watch®	YES through optional Key Reader	
Apple® GymKit compatibility	YES***	NO		
Certifications				
UL Mark	YES			
Display options				
Display available	UNITY™ 3.0	TV	Advanced LED	

\* Length x Width x Height while working on the equipment

\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission. Band and transmitter not included

\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).



# TECHNICAL SPECIFICATIONS

## BIKE



UNITY™		TV	LED	LED SP
ENERGY SAVING				
Specifications & performance				
Dimensions (LxWxH)*	1185 x 600 x 1338 mm (47" x 24" x 53")			
Weight	61 kg (134 lbs)			
Max user weight	180 kg (397 lbs)			
Difficulty levels	1 - 25			
Resistance at 70 RPM (Watts)	30 - 500			40 - 500
Power requirement	100 - 240 Vac 50/60 HZ			Self Powered cordless
Training & comfort features				
Goal Oriented Display	YES			
Total number of programs	18 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Create your own, Training Zone, Weight Loss, Hi-Low Blocks, Hills, Cross Training, Burnout		11 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6)	
Submaximal tests	3 - Fitness Test, Fit Test, Borg 15		2 - Fitness Test, Borg 15	
Military tests	2 - Air Force PRT, Navy PRT			
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai		13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
User-defined language selection	YES		NO	
HR monitoring	Double Hand Sensor, Telemetry**, Apple Watch®***			
Fast Track Controls	YES			
Three-position handlebar	Classic Position, City Bike Position and Race Position			
Calorie Coach	YES			
Handlebar with soft elbow rests	YES			
Seat adjustment mechanism	Integrated into back of seat			
Seat height step	12.5 mm (0.5")			
Smart pedals	YES			
Number of seat positions	27			
Supplementary features & utilities				
Heart rate interactive function from Hand Sensors	YES			
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) optional and Apple Watch®	YES through optional Key Reader	
Apple® GymKit compatibility	YES***	NO		
Certifications				
UL Mark	YES			
Display options				
Display available	UNITY™ 3.0	TV	Advanced LED	
Accessories				
Accessories available	Straps (A0000496)			

\* Length x Width x Height while working on the equipment

\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission. Band and transmitter not included

\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).



# TECHNICAL SPECIFICATIONS

## RECLINE

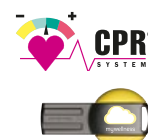


UNITY™		TV	LED	LED SP
ENERGY SAVING				
Specifications & performance				
Dimensions (LxWxH)*	1600 x 600 x 1294 mm (63" x 24" x 51")			
Weight	81 kg (179 lbs)			
Max user weight	220 kg (485 lbs)			
Difficulty levels	1 - 25			
Resistance at 70 RPM (Watts)	30 - 500			40 - 500
Power requirement	100 - 240 Vac 50/60 HZ			Self Powered cordless
Training & comfort features				
Goal Oriented Display	YES			
Total number of programs	18 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Create your own, Training Zone, Weight Loss, Hi-Low Blocks, Hills, Cross Training, Burnout		11 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6)	
Submaximal tests	3 - Fitness Test, Fit Test, Borg 15		2 - Fitness Test, Borg 15	
Military tests	2 - Air Force PRT, Navy PRT			
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai		13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
User-defined language selection	YES		NO	
HR monitoring	Hand Sensors, Telemetry**, Apple Watch®***			
Fast Track Controls	YES			
Calorie Coach	YES			
Seat height step	12.5 mm (0.5")			
Number of seat positions	27			
Smart pedals	YES			
Ergonomic handlebar for easy mounting and dismounting	YES			
Adjustable backrest	4 positions			
Wide walk through	YES			
Step-over height	6.5 cm (2.5")			
Supplementary features & utilities				
Heart rate interactive function via Hand Sensors	YES		NO	
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) optional and Apple Watch®	YES through optional Key Reader	
Apple® GymKit compatibility	YES***	NO		
Certifications				
UL Mark	YES			
Display options				
Display available	UNITY™ 3.0	TV	Advanced LED	
Accessories				
Accessories available	Straps (A0000496)			

\* Length x Width x Height while working on the equipment

\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission. Band and transmitter not included

\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).





# TECHNICAL SPECIFICATIONS TOP



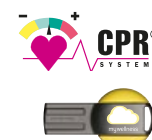
UNITY™		TV	LED	LED SP
ENERGY SAVING				
Specifications & performance				
Dimensions (LxWxH)*	1550 x 709 x 1491 mm (60" x 28" x 58")			
Weight	130 kg (287 lbs)			
Max user weight	180 kg (397 lbs)			
Difficulty levels	1 - 30			
Resistance at 40 RPM (Watts)	20 - 1000**			40 - 1000**
Power requirement	100 - 240 Vac 50/60 HZ			Self Powered cordless
Training & comfort features				
Goal Oriented Display	YES			
Warm Up function	YES			
Total number of programs	16 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset), Custom (Constant Speed, Constant Power), Training Zone, Cruise Control, Warm Up		25 - Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset, 9 customisable), Custom (Constant Speed, Constant Power), Training Zone, Weight Loss, Cruise Control	
Submaximal tests	Fitness Test			
Maximal tests	Maximal test, Wingate test			
Languages available	23 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Chinese simplified, Russian, Turkish, Danish, Arabic, Korean, Norwegian, Swedish, Finnish, Israeli, Catalan, Polish, Thai		13 - UK English, US English, Italian, German, Spanish, French, Dutch, Portuguese, Japanese, Chinese, Russian, Turkish, Danish	
User-defined language selection	YES			
HR monitoring	Telemetry***, Apple Watch®****			
Calorie Coach	YES			
Ergonomic seat	YES			
Rotating handles	YES			
Supplementary features & utilities				
mywellness® connectivity	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) and Apple Watch®	YES through Key Reader, Bluetooth® low energy technology, QR code, NFC (RFID) optional and Apple Watch®	YES through optional Key Reader	
Apple® GymKit compatibility	YES****	NO		
Certifications				
UL Mark	YES			
Display options				
Display available	UNITY™ 3.0	TV	Advanced LED	
Accessories				
Accessories available	Ergonomic seat without backrest (A0000368), Seat with backrest (A0000371), Platform to be used with seat (A0000497), Platform to be used without seat (A0000609)			

\* Length x Width x Height while working on the equipment

\*\* 1000 Watts on specific testing functions

\*\*\* Compatible with analog 5kHz transmission. On UNITY™ 3.0 and TV versions only, also compatible with Bluetooth® low energy technology transmission. Band and transmitter not included

\*\*\*\* Requires UNITY Enhanced Login Upgrade Kit (code A0000923).





## A SELECTION OF TECHNOGYM SCIENTIFIC PUBLICATIONS

The following papers published by Technogym's Scientific Research Department in indexed journals are the result of the company's ongoing investment in scientific research with the purpose of designing superior products and advancing knowledge in the field of Sports Medicine.

### EXERCISE PHYSIOLOGY

Zanuso S, Bergamin M, Jimenez A, Pugliese G, D'Errico V, Nicolucci A, Ermolao A, Balducci S. **Determination of metabolic equivalents during low- and high-intensity resistance exercise in healthy young subjects and patients with type 2 diabetes.** *Biol Sport*. 2016 Mar; 33(1): 77-82.

Padulo J, Attene G, Migliaccio GM, Cuzzolin F, Vando S, Ardigo LP. **Metabolic optimisation of the basketball free throw.** *J Sports Sci*. 2015; 33(14): 1454-8.

Carraro A, Gobbi E, Ferri I, Benvenuti P, Zanuso S. **Enjoyment perception during exercise with aerobic machines.** *Perceptual & Motor Skills*, 2014, 119, 1, 1-10.

Bergamin M, Ermolao A, Sieverdes JC, Zaccaria M, Zanuso S. **Validation of the mywellness key in walking and running speeds.** *Journal of Sports Science and Medicine*, 11, 57-63, 2012.

McGinley SK, Armstrong MJ, Khandwala F, Zanuso S, Sigal RJ. **Assessment of the mywellness key accelerometer in people with type 2 diabetes.** *Appl Physiol Nutr Metab*. 2015, 10:1-6.

### BIOMECHANICS & ERGONOMICS

Biscarini A, Benvenuti P, Busti D, Zanuso S. **A Scott Bench with Ergonomic Thorax Stabilization Pad Improves Body Posture During Preacher Arm Curl Exercise.** *Ergonomics*. 2015, J30: 1-23.

Biscarini A. **Measurement of power in selectorized strength-training equipment.** *J Appl Biomech*. 2012 Jul; 28(3): 229-41.

Biscarini A, Benvenuti P, Botti F.M, Brunetti A, Brunetti D, Pettorossi E.V. **Voluntary-enhanced co-contraction of hamstring muscles during open kinetic-chain leg extension exercise, and its potential unloading effect on the anterior cruciate ligament.** *American Journal of Sports Medicine* 42: 2103-2112 (2014).

Robert B, Gray A, Bertiato F, Benvenuti P, Zanuso S, Wei Ross, Caine M. **Development of a Structured Protocol to Determine Multimedia Screen Position on CV Equipment.** *International Journal of Sports Science and Engineering* Vol. 06 (2012).

Biscarini A. **Minimization of the knee shear joint load in leg-extension equipment.** *Med Eng Phys*. 2008 Oct;30(8):1032-41.

Biscarini A, Benvenuti P, Botti F, Mastrandrea F, Zanuso S. **Modelling the joint torques and loadings during squatting at the Smith machine.** *J Sports Sci*. Mar;29(5):457-69. 2011.

### EXERCISE IS MEDICINE

Lucini D, Zanuso S, Solaro N, Vigo C, Malacarne M, Pagani M. **Reducing the risk of metabolic syndrome at the worksite: preliminary experience with an ecological approach.** *Acta Diabetol*. 2015.

Zanuso S. **Exercise: a powerful tool to manage type 2 diabetes in the ageing population.** *European Medical Journal*. 1, 2014.

Mann S, Beedie C, Balducci S, Zanuso S, Allgrove J, Bertiato F, Jimenez A. **Changes in Insulin Sensitivity in Response to Different Modalities of Exercise: a review of the evidence.** *Diabetes Metab Res Rev*. 2013 Oct 15.

Zanuso S, Sieverdes JC, Smith NC, Carraro A, Bergamin M. **The effect of a strength training program on affect, mood, anxiety, and strength performance in older individuals.** *Int. J. Sport Psychol.*, 2012.

Balducci S, Zanuso S, Cardelli P, Salvi L, Mazzitelli G, Bazuro A, Iacobini C, Nicolucci A, Pugliese G. **Changes in Physical Fitness Predict Improvements in Modifiable Cardiovascular Risk Factors Independently of Body Weight Loss in Subjects With Type 2 Diabetes Participating in the Italian Diabetes and Exercise Study (IDES).** *Diabetes Care*, 2012.

# ATELIER EXCITE<sup>®</sup>







# CHOOSE YOUR NEW STYLE

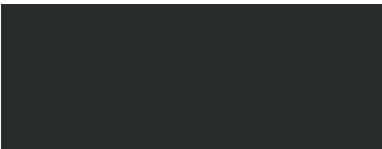
Give your facility a new look with our latest atelier color combinations.



## TREND

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Frame



ANTHRACITE

Inlay



SILVER

Guard



BLACK

UI Frame



BLACK

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Actual product colors may differ from colors shown on this catalogue due to printing.

# ATELIER EXCITE®



## CLASS

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ALUMINIUM



SILVER



QUICKSILVER



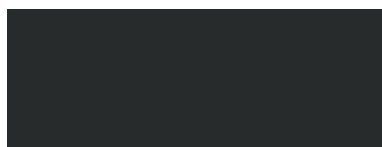
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## COSMO

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ANTHRACITE



BLACK



BLACK



BLACK

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# ATELIER EXCITE<sup>®</sup>



TREND





CLASS



COSMO

# ACCESSORIES

A wide range of accessories to complement and enhance your workout.



## ERGONOMIC SEAT WITHOUT BACKREST

A0000368

Accessory to: **Top EXCITE®; Top EXCITE® MED\***

Ergonomic seat without backrest for a greater freedom of movement during the exercise.



## SEAT WITH BACKREST

A0000371

Accessory to: **Top EXCITE®; Top EXCITE® MED\***

Ergonomic seat with backrest for correct spine alignment and posture.



## INCLUSIVE SEAT WITH BACKREST

A0000436

Accessory to: **Top EXCITE®; Top EXCITE® MED\***

As standard on: **Top EXCITE® IFI**

Inclusive seat with backrest yellow handle for easy and safe removal by both wheelchair and able bodied users.



## PLATFORM

A0000497

Accessory to: **Top EXCITE®**  
As standard on: **Top EXCITE® MED\***

Wheelchair ramp to be used with seat.



## PLATFORM WITHOUT SEAT

A0000609

Accessory to: **Top EXCITE®; Top EXCITE® MED\***

Dedicated wheelchair ramp to be used without standard seat.

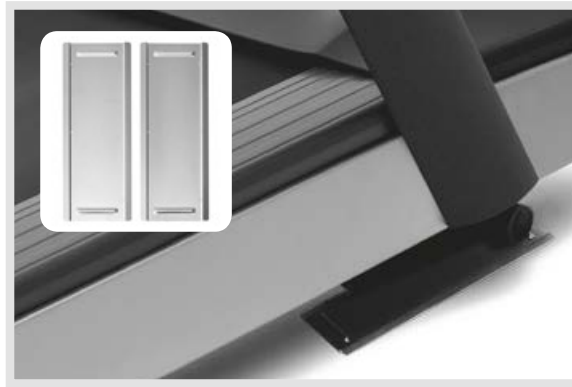


### REAR STEP

A0000344

Accessory to: **Run 1000 EXCITE®**;  
**Run 1000 EXCITE® MED\***

Rear step for easy access to the Run.



### TREADMILL FOOTPLATES

(suitable for carpet flooring) A0000352

(suitable for carpet flooring) A0000799

Accessory to: **Run 1000 and Run 600 EXCITE®**

Footplates keep the treadmill securely in place and avoid movement, especially on slippery surfaces.



### BIKE SADDLE ADAPTER

A0000553

Accessory to: **Bike EXCITE®**; **Bike EXCITE® MED\***

Racing saddle and stem.



### PEDAL STRAPS

A0000496

Accessory to: **Bike, Recline EXCITE®**;  
**Bike, Recline EXCITE® MED\***

Coloured pedal straps to support the feet.

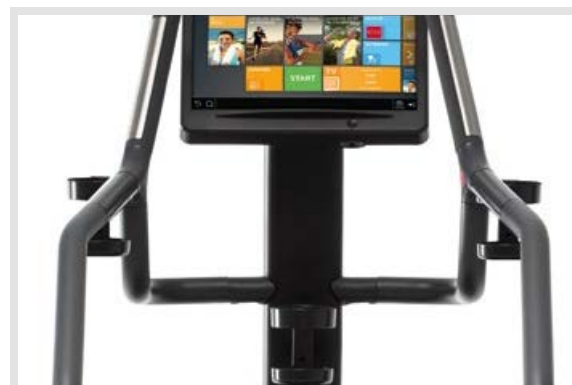


### ADJUSTABLE CRANKS

A0000439

Accessory to: **Bike, Recline EXCITE®**;  
**Bike, Recline EXCITE® MED\***

Pedal cranks with adjustable length.



### ACCESSORY HOLDERS

A0000917-GG

Accessory to: **Climb EXCITE®**

Stores personal items such as phones, keys and water bottles.

\* also available for IFI version (for UK market only)



# TOTAL WELLNESS SOLUTION

We provide each client with tailor-made solutions to meet every need, all the way from project design to startup and facility management.

## INTERIOR DESIGN

To inspire people with an attractive and enjoyable environment in which training becomes an experience to savor.

## SMART EQUIPMENT

To offer a complete range of innovative products featuring a unique design, and provide training and entertainment solutions to meet the needs and aspirations of all users.

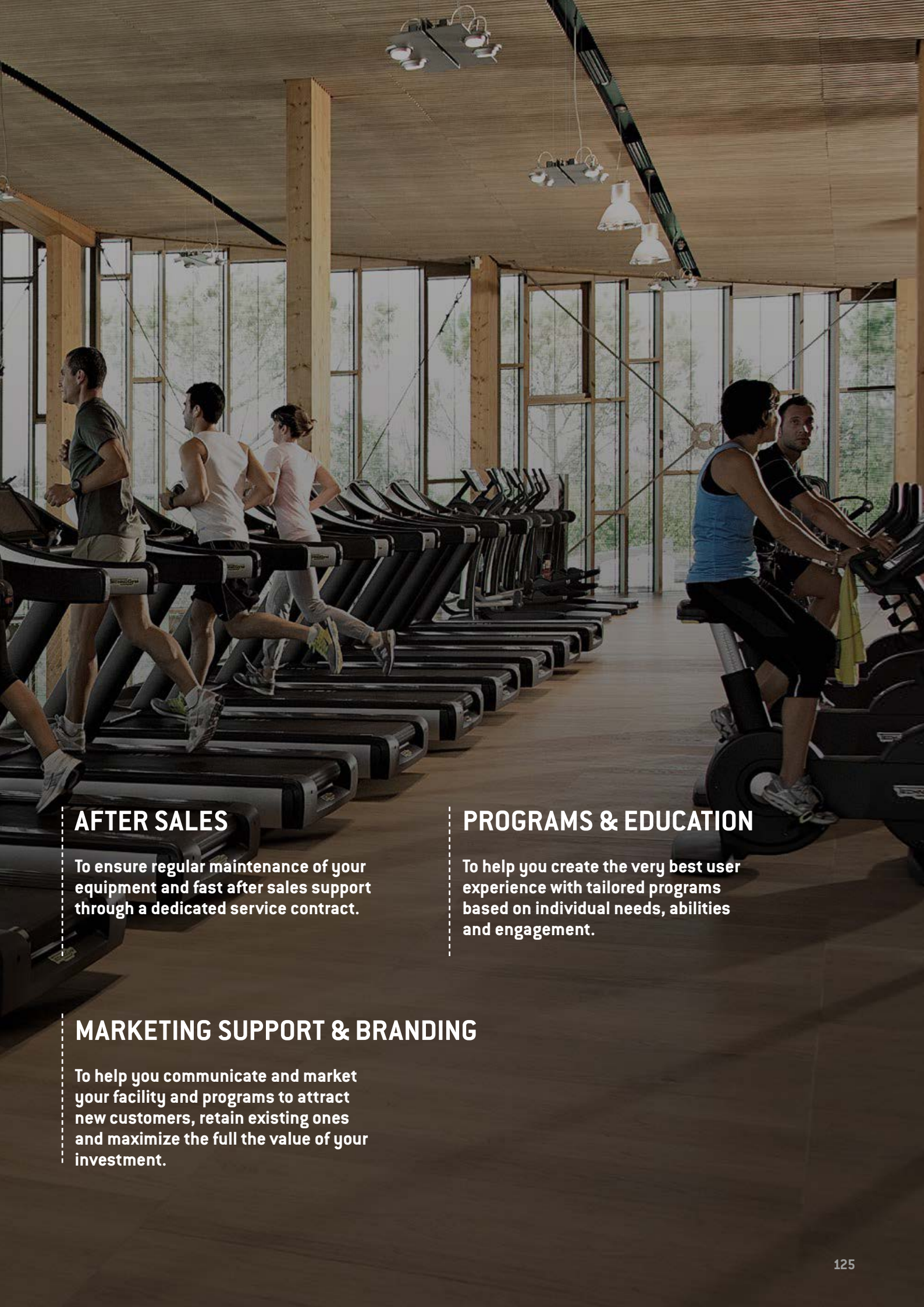
## APPS, DEVICES & CONTENT

To offer your members a fully-engaging gym experience based on Wellness lifestyle management which helps you run your business more profitably.

## FINANCIAL SERVICES

To provide advice and tailored financing solutions to make your acquisition simple and profitable.





## AFTER SALES

To ensure regular maintenance of your equipment and fast after sales support through a dedicated service contract.

## PROGRAMS & EDUCATION

To help you create the very best user experience with tailored programs based on individual needs, abilities and engagement.

## MARKETING SUPPORT & BRANDING

To help you communicate and market your facility and programs to attract new customers, retain existing ones and maximize the full the value of your investment.

# INTERIOR DESIGN

Our Wellness Design™ service draws on years of experience gained designing Fitness & Wellness spaces to help create the perfect environment for physical and mental well-being.



## CUSTOMIZATION AND DIFFERENTIATION

Following the layout proposal, which outlines the best way to arrange the equipment and identifies distinct areas for specific training needs, you can request a consulting session regarding interior design.



## THE IMPORTANCE OF CLUB ATMOSPHERE

We can produce 3D-rendered drawings to show you how the equipment will blend into the environment and create a new Wellness area with an aesthetic value that will help increase client satisfaction and loyalty.



# APPS, DEVICES & CONTENT

Thanks to our mywellness® cloud-based open platform that integrates equipment, apps and personal devices, operators can deliver comprehensive lifestyle solutions.



## A TOTALLY ENGAGING USER EXPERIENCE

Our UNITY™ 3.0 and TV digital consoles, are designed to make everyone's training experience unique in terms of ease of use, engagement and motivation.



## MEMBER LIFESTYLE MANAGEMENT

Through the [pro.mywellness.com](https://pro.mywellness.com) portal, we offer a range of ready-to-use apps which enhance your potential in all aspects relating to member engagement, management and loyalty.

# FINANCIAL SERVICES

We can support your investment in Technogym® products with safe, fast and customized financing plans thanks to our cooperation with an international network of prestigious banking and insurance institutions.



## CUSTOMIZED, RELIABLE FINANCING

Our extensive knowledge of the needs of the fitness sector enables us to develop solutions to suit all of your specific requirements, guaranteeing complete peace of mind.



## MAINTAIN THE VALUE OF YOUR INVESTMENT

The total cost of ownership of the equipment at the end of its life is obtained by adding the purchase cost of the equipment to the cost of maintenance and operation, then subtracting the residual value. Thanks to the value of Technogym products, the result is a ratio that is always advantageous to facility owners.



# AFTER SALES

Our professional and customized maintenance services guarantee the consistent effectiveness and quality of your equipment.



## TRAINED TO GIVE THE BEST

Technogym® After Sales Service keeps your products up and running to preserve their value over time. We have a worldwide infrastructure of 1,000 Technogym After Sales professionals and a customer portal for monitoring on going service activities, asset usage, service performance metrics, and for managing equipment status.



## OUR SERVICE CONTRACTS

We maintain the highest degree of functionality while also protecting your investment at a fixed fee. Our Service Contracts team will listen to your needs and provide you with expert advice, recommending the appropriate solution for you.

# PROGRAMS & EDUCATION

We aim to educate professionals on how to fully maximize their business potential by creating validated and customized programs based on users' needs and abilities.



## SCIENTIFICALLY-PROVEN PROGRAMS

Our programs are created by Technogym's worldwide network of leading exercise professionals and are all validated by the Technogym Scientific Board. Designed for multi-format delivery, they are available via apps and as printable collateral materials, such as posters and exercise cards.



## FLEXIBLE, HIGHLY QUALIFIED EDUCATION

We assist exercise professionals in creating the very best user experience in the gym by providing on-site and online product and method education to increase interaction, build engagement and generate secondary revenues.

# MARKETING SUPPORT & BRANDING

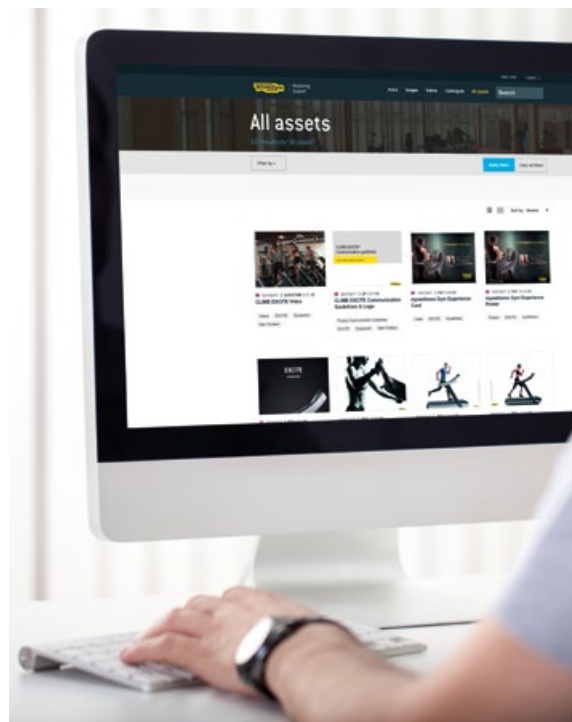
Make the most of your investment in state-of-the-art products: take advantage of our promotional and educational tools to support your business. Go the extra mile!

[technogym.com/marketingsupport](http://technogym.com/marketingsupport)



## PROMOTE YOUR OFFERS AND EDUCATE YOUR MEMBERS

To assist you in the launch and promotion of your gym offering, we provide you with a host of digital and printable marketing tools that support trainer activity and develop a stronger awareness about product use and benefits, growing your members' motivation.



## EASILY FIND THE TOOLS YOU NEED

As our client, you can view our merchandising collection and download promotional and educational artwork files, Wellness and product images and videos from the online Marketing Support area. Use the different search criteria to find, preview and download the items you are interested in.



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The Wellness Company

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