

# TRANSFORMATIONS

by  **Greenfields**  
**Outdoor Fitness**  
*Promoting Wellness & Fighting Obesity One Community at a Time.™*



With Greenfields, nearly any outdoor space can be turned into a fun, accessible, outdoor gym. Unused shuffleboard courts, old tennis courts, run-down basketball courts, outdated playgrounds and even parking lots can be easily repurposed and filled with fantastic fitness equipment that the whole community will enjoy! **View some of Greenfields' recent transformations of dormant spaces, then call us at 888-315-9037 to find out how to do the same for your community.**



# REVIVE A DORMANT SPACE

Food deserts. Spiking crime. Lack of access to green space. In many inner-city neighborhoods, the challenges of the environment make it difficult for residents to maintain healthy lifestyles. But the community surrounding 14th Street Park in Long Beach has taken a step in the right direction with the addition of ten fitness units for stretching, strengthening and cardio. Occupying the wide, vacant median of a residential street, the fitness equipment has given local residents a way to not only enjoy physical activity, but also a chance to make new friends, start to build community cohesion, and reclaim an area that previously attracted negative elements.



**14th STREET PARK  
LONG BEACH, CA**

**10 UNITS 33 USERS**

*"Many of our residents are not able to afford a gym membership ... the addition of this equipment will have a dramatic impact on our ability to promote a healthy and active lifestyle for residents."*  
- Heather Hutchinson, Community Assn. Manager



**BEFORE**

## EQUIPMENT LIST

- |                |                                    |
|----------------|------------------------------------|
| GR2005-1-21    | 4-Person Lower Body Combo          |
| GR2005-1-22    | 4-Person Pendulum, Abs & Dips      |
| GR2005-1-26    | 2-Person Ski                       |
| GR2005-1-42    | 2-Person Back & Arms Combo         |
| GR2005-1-47-W  | 2-Person Accessible Vertical Press |
| GR2005-1-48-W  | 2-Person Accessible Lat Pull-Down  |
| GR2005-1-48A-W | 2-Person Accessible Chest Press    |
| GR2005-1-71    | 3-Person Static Combo              |
| GR2005-1-77    | 8-Person Linear Combo              |
| GR2005-1-104N  | 4-Person Leg Press                 |
| GR2005-1-105   | Customized Announcement Board      |



Wheelchair-friendly exercise area

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**BEFORE**



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# RESTORE A SENSE OF COMMUNITY

Greenfields' social, multigenerational fitness equipment provides the perfect way to revitalize an unused space and transform it into a community fitness hub! A local nonprofit saw mothers dropping their children off at school across the street from the park, and realized that these ladies needed a place to exercise. The city, already having done several successful Greenfields gyms, eagerly partnered with America on Track. An old BBQ area was torn down and replaced with exercise equipment that's intuitive to use and allows those of nearly every age to exercise together.

With Greenfields' unique exercise units, many of which accommodate multiple users on one footprint, even small spaces can be utilized to encourage community members to exercise. Call Greenfields at 888-315-9037 and begin planning your park's transformation!

**MEMORIAL PARK | SANTA ANA, CA**

**9 UNITS 22 USERS**



Wheelchair-friendly exercise area

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# REPURPOSE AN UNUSED AREA



**KENNEDY PARK**  
**RICHMOND, CA**

**10 UNITS** **20 USERS**

When planning the “Make A Difference Day” event at Kennedy Park, organizers from The Trust for Public Land realized the park in question needed a broader appeal. To accomplish that goal, the team took space previously occupied by several abandoned shuffleboard courts and transformed them into a new fitness area for local seniors. The new outdoor gym includes ten low-impact units for cardio, stretching, and strengthening, and will provide free fitness to not only seniors, but teens and adults as well - right in their neighborhood park.



Wheelchair-friendly exercise area

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**BEFORE**





# WHAT'S YOUR CANVAS?

Let Greenfields help you transform it into a fitness destination so your community members can begin pursuing health & wellness together!



GreenfieldsFitness.com  
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