# ....the Greenfields way Perfect for PE classes

- Builds muscular strength, muscular endurance, & flexibility
  Suitable for students of virtually every ability
- GRANTS AVAILABLE!









As kids spend more and more time in sedentary activities on electronic devices, and as PE budgets continue to decrease, it's more important than ever to provide students with physical fitness options that are both appealing and effective. To meet this need, Greenfields Outdoor Fitness has developed a line up of outdoor fitness equipment packages specifically designed for PE classes.

Greenfields' school packages provide activities for students at virtually all levels of fitness, and can serve classes of up to 50 students. For students with no athletic background, the equipment provides an unintimidating introduction into circuit training. For student athletes, challenging activities make for effective training sessions.



## **OUR COMMITMENT TO SCHOOLS**

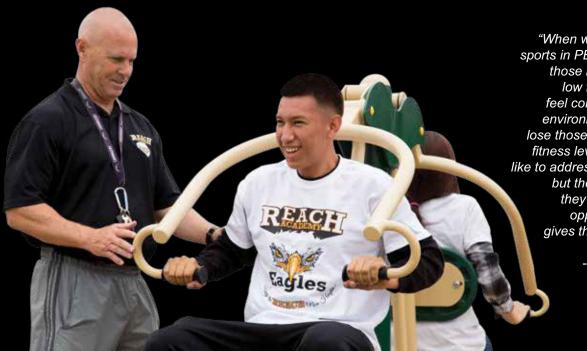
As part of our mission of "Promoting Wellness & Fighting Obesity One Community at a Time," Greenfields has made it a goal to help as many schools as possible realize the benefits of outdoor fitness equipment for their students.

Contact us today to learn more about Greenfields' incentives for schools and how to start planning an outdoor gym for your students!

Info@GreenfieldsFitness.com 888.315.9037 GreenfieldsFitness.com/School-Fitness

### **RUNNING A P.E. CLASS WITH GREENFIELDS**

Visit GreenfieldsFitness.com/School-Fitness-Demos for detailed video demonstrations on utilizing each unit in the School Sample Package 1. Coach Todd Harvey explains exercise modifications, ideas for structuring PE classes, and more.



"When we're doing traditional sports in PE, we tend to exclude those kids that are either at low fitness levels or don't feel comfortable in the sport environment, and we tend to lose those kids in terms of their fitness levels. Most kids would like to address their fitness levels, but they don't know how or they're not given the right opportunity. Greenfields gives them that opportunity."

- Coach Todd Harvey, Reach Academy

# SCHOOL PACKAGES

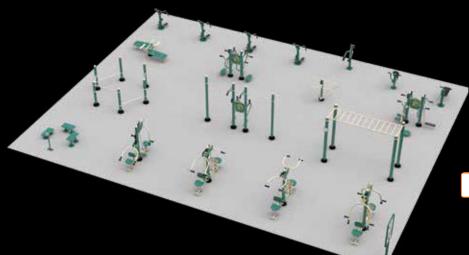
## **SCHOOL PACKAGE 1**

9 UNITS

**24 USERS** 

Greenfields' basic school package with activities for entry-level to advanced students





## **SCHOOL PACKAGE 2**

The upgraded PE experience including Greenfields' Professional Series with adjustable resistance!

19 UNITS 40 USERS

# **SCHOOL PACKAGE 3**

A world-class fitness experience for the middle school through university level!

16 UNITS 28 USERS

